

Building better together

Roadmap to guide implementation of the Global Strategic Directions for Nursing and Midwifery in the WHO European Region



ABSTRACT

Nurses and midwives comprise half of the professional health workforce globally, interact with people from birth to death across all types of settings and account for about 90% of contacts between patients and health professionals. They can deliver safe, high-quality, effective and efficient health services, particularly for vulnerable, disadvantaged and hard-to-reach groups. Enabling and supporting nurses and midwives to work to their full potential is essential to achieving the Sustainable Development Goals and supporting universal health coverage, and to meeting current and future population health needs. This Roadmap reflects the priorities of the WHO European Programme of Work to set out activities organized according to the four areas of focus of the WHO *Global strategic directions for nursing and midwifery 2021–2025* report (education, jobs, leadership and service delivery) across 12 policy priorities. It proposes activities for Member States of the WHO European Region and outlines specific areas of technical support the WHO Regional Office for Europe can provide.

Document number: WHO/EURO:2021-4464-44227-62471

© World Health Organization 2021

Some rights reserved. This work is available under the Creative Commons Attribution-NonCommercial-ShareAlike 3.0 IGO licence (CC BY-NC-SA 3.0 IGO; https://creativecommons.org/licenses/by-nc-sa/3.0/igo). Under the terms of this licence, you may copy, redistribute and adapt the work for noncommercial purposes, provided the work is appropriately cited, as indicated below. In any use of this work, there should be no suggestion that WHO endorses any specific organization, products or services. The use of the WHO logo is not permitted. If you adapt the work, then you must license your work under the same or equivalent Creative Commons licence. If you create a translation of this work, you should add the following disclaimer along with the suggested citation: "This translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition: "Building better together: Roadmap to guide implementation of the Global Strategic Directions for Nursing and Midwifery in the WHO European Region. Copenhagen: WHO Regional Office for Europe; 2021".

Any mediation relating to disputes arising under the licence shall be conducted in accordance with the mediation rules of the World Intellectual Property Organization.

Suggested citation. Building better together: Roadmap to guide implementation of the Global Strategic Directions for Nursing and Midwifery in the WHO European Region. Copenhagen: WHO Regional Office for Europe; 2021. Licence: CC BY-NC-SA 3.0 IGO. Cataloguing-in-Publication (CIP) data. CIP data are available at http://apps.who.int/iris.

Sales, rights and licensing. To purchase WHO publications, see http://apps.who.int/bookorders. To submit requests for commercial use and queries on rights and licensing, see http://www.who.int/about/licensing.

Third-party materials. If you wish to reuse material from this work that is attributed to a third party, such as tables, figures or images, it is your responsibility to determine whether permission is needed for that reuse and to obtain permission from the copyright holder. The risk of claims resulting from infringement of any third-party-owned component in the work rests solely with the user.

General disclaimers. The designations employed and the presentation of the material in this publication do not imply the expression of any opinion whatsoever on the part of WHO concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement. The mention of specific companies or of certain manufacturers' products does not imply that they are endorsed or recommended by WHO in preference to others of a similar nature that are not mentioned. Errors and omissions excepted, the names of proprietary products are distinguished by initial capital letters.

All reasonable precautions have been taken by WHO to verify the information contained in this publication. However, the published material is being distributed without warranty of any kind, either expressed or implied. The responsibility for the interpretation and use of the material lies with the reader. In no event shall WHO be liable for damages arising from its use.

All photographs © WHO.

Design by: Hoogs Design/jakob h



REGIONAL OFFICE FOR Europe

Building better together

Roadmap to guide implementation of the Global Strategic Directions for Nursing and Midwifery in the WHO European Region

Contents

Acknowledgements	iv
Foreword from the Regional Director	V
Call to action	vi
Abbreviations	viii
Introduction	1
The role of nurses and midwives in addressing health challenges in the WHO European Region	1
The situation of nursing and midwifery in the WHO European Region	3
1. Policy context	6
Global and regional policy tools	б
Global nursing and midwifery policy context	б
Developing a regional Roadmap to guide implementation of the GSDNM	7
2. The regional Roadmap to guide implementation of the Global Strategic Directions for Nursing and Midwifery	9
How to read the Roadmap	9
Monitoring	9
Policy focus. Education	
Policy focus. Jobs.	13
Policy focus. Leadership	16
Policy focus. Service delivery	18
3. Conclusion	20
References	21
Annex. Global Strategic Directions for Nursing and Midwifery 2021–2025: monitoring and accountability framework	23

iii

Acknowledgements

This Roadmap was prepared by a core group representing WHO collaborating centres and the European Forum for National Nursing and Midwifery Associations (EFNNMA). The document received important contributions in terms of content, structure and format from the Nursing and Midwifery Core Group members: Aurelija Blaževičienė, Head, Nursing and Care Department, Lithuanian University of Health Sciences; James Buchan, Visiting Professor, University of Edinburgh, United Kingdom; Kay Currie, Associate Dean Research, School of Health and Life Sciences, Glasgow Caledonian University, United Kingdom; Shoshy Goldberg, National Chief Nurse and Head of the Nursing Administration, Ministry of Health, Israel; Gordon Hill, Senior Lecturer and Deputy Director, WHO Collaborating Centre for Nursing and Public Health Education and Research, Glasgow Caledonian University, United Kingdom; Billie Hunter, Director, WHO Collaborating Centre for Midwifery Development, Cardiff University, United Kingdom; Mervi Jokinen, Practice and Standards Professional Advisor, Royal College of Midwives, United Kingdom, and President, European Midwives Association; Jurate Macijauskiene, Dean, Faculty of Nursing, Lithuanian University of Health Sciences; Walter Sermeus, Head, Katholieke Universiteit Leuven WHO Collaborating Centre on Human Resources for Health Research & Policy, Belgium; Grace Thomas, Deputy Director, WHO Collaborating Centre for Midwifery Development, Cardiff University, United Kingdom; and board members of EFNNMA, under the leadership of Valentina Sarkisova, Chair of EFNNMA and President of the Russian Nurses Association.

Margrieta Langins, Nursing and Midwifery Policy Adviser, WHO Regional Office for Europe, Pascale Heilberg, Nursing and Midwifery Consultant, WHO Regional Office for Europe, and Yanina Andersen, Nursing and Midwifery Consultant, WHO Regional Office for Europe, coordinated and facilitated several consultation processes with the WHO Regional Office for Europe Government Chief Nursing and Midwifery Officer Hub, and colleagues across the organization and WHO European Region. Technical review was provided by Alba Llop Girones, Nursing and Midwifery Consultant, WHO Regional Office for Europe. Strategic and technical guidance in the development of the publication was provided by: Tomas Zapata, Regional Adviser, Health Workforce and Service Delivery, WHO Regional Office for Europe; Natasha Azzopardi-Muscat, Director, Division of Country Health Policies and Systems, WHO Regional Office for Europe; and Gabrielle Jacob, Special Adviser, Transformation and Organizational Development, WHO Regional Office for Europe.

The WHO Regional Office for Europe would like to thank all country partners who contributed country case studies to support the initial launch of the Roadmap and its ongoing implementation.

Finally, deep and sincere gratitude is extended to all the nurses and midwives in the WHO European Region for their tireless work throughout the pandemic and for whom this Roadmap aims to ensure that indeed, not one of them is left behind.



iv



Foreword from the WHO Regional Director for Europe

As I write this foreword, the world is still grappling with an unprecedented pandemic that has upended our lives, our health systems — and our health workforce.

Nurses and midwives have always carried out crucial work caring for the vulnerable in our communities. Today, the dedication, commitment and value demonstrated by nurses and midwives during the pandemic, often at great personal expense, has made it unequivocally clear that they are integral to well functioning health and care systems.

It is time to ensure these professions are recognized, valued and supported.

This is why the new Roadmap to guide implementation of the Global Strategic Directions for Nursing and Midwifery in the WHO European Region comes at such a pivotal time.

Through the Roadmap, we will work over the next five years to ensure that nurses and midwives have the capacity to contribute to key areas of public health, primary care, longterm care and post-COVID-19 recovery. We will put this into practice through relevant education, improved working conditions, the promotion of leadership opportunities and clear career pathways. The Roadmap is a solid blueprint for strengthening health and care in the WHO European Region. It gives us a framework to guide action. And most importantly, it enables the contributions of nurses and midwives themselves.

However, the *State of the world's nursing* and *State of the world's midwifery* reports show that we still face a wide range of challenges in our Region.

The nursing and midwifery professions continue to struggle in terms of recruitment and retention, lack of acceptable working conditions, limited opportunities to work to the full scope of practice and few opportunities for leadership and advanced roles.

The Roadmap is a practical document that takes into consideration the reality faced by nurses and midwives, reflecting the Region's specific health challenges. It aligns with the national priorities of Member States and underscores the vast experience and expertise we have in our Region.

I am grateful for the strong regional partnerships that have made this document possible. These include collaborations with the European Forum for National Nursing and Midwifery Associations and our new WHO Regional Office for Europe Government Chief Nursing and Midwifery Officer Hub.

I encourage all our partners to continue working together to strengthen the necessary political commitment to advance this agenda.

Nurses and midwives are the backbone of our health workforce, and essential to achieving our shared objective — advancing the health and well-being of the women, men and children living in our Region.

Hans Henri P. Kluge

WHO Regional Director for Europe

Call to action

While the long-term impact of COVID-19 is still unfolding, it is obvious that we must place nurses and midwives at the centre of our actions to build health systems' resilience, maintain essential health services and strengthen public health functions to enable progressive and lasting economic and social recovery.

Three key messages have stood out from the pandemic.

First, nurses' and midwives' contributions throughout the pandemic have been life-saving and system-saving. Through their innovation, networks and resourcefulness, they have enabled our systems to respond flexibly where options, resources and bandwidth have been, or seemed, scarce.

Secondly, nurses' and midwives' well-being and physical and mental health have been disproportionately affected. And tragically, nurses and midwives have died due to COVID-19. This threatens the safety and sustainability of our health systems and, consequently, hampers advances in tackling gender inequity in a predominantly female workforce.

And thirdly, nurses and midwives in the WHO European Region are retiring or leaving the workforce at an unprecedented pace, either because they were due to retire (the health workforce in the Region is ageing rapidly) or, more worryingly, because of fatigue and burnout.

The message is clear for all to see.

We must do better.

First, because we recognize and appreciate our nurses and midwives as individuals, and we need to do more to support and protect them. This is not just the right thing to do - it is a moral obligation.

We need to listen more to our nursing and midwifery workforces and heed their calls and suggestions for how to pursue better education and decent work.

Secondly, because we cannot even start to truly make progress in improving access to quality health services in the European Region without the required number of appropriately trained and well supported nurses and midwives. In September, the Pan-European Commission on Health and Sustainable Development, tasked to rethink health policies in the light of pandemics, produced its final recommendations. It made an unequivocal call to governments and policy-makers to invest in nurses and midwives, underlining the need to create conditions not only to attract more people to the profession, but also to retain them.

Governmental, international, regional, national and local partners and stakeholders from within the health sector and beyond are well placed to build back better and seek ways to recognize and appreciate our nurses and midwives, supporting and protecting them.

We will need both short- and long-term efforts.

At the WHO Regional Office for Europe, we are committed to promoting the leadership role of nurses and midwives across all levels of the health and care system. We will continue to work closely with the new European Government Chief Nursing and Midwifery Officer Hub and the European Forum for National Nursing and Midwifery Associations to advocate for nursing and midwifery in all countries in our Region.

The COVID-19 pandemic has shone a light on the need to address complex policy challenges to ensure we have the nursing and midwifery workforce to meet current and future health needs in our Region. The next step is to implement evidence-based policies to enable us to advance the Global Strategic Directions for Nursing and Midwifery adopted through World Health Assembly resolution WHA74.15.

We therefore call on governments and all our partners in the WHO European Region to work together in a concerted manner to ensure unwavering long-term political commitment to the nursing and midwifery workforce through sustainable investments in the following four priority areas outlined in this Roadmap:

 strengthening nursing and midwifery education and training programmes by developing academic standards and promoting appropriate regulatory measures to ensure excellence in nursing and midwifery education and promoting access to continuing professional development opportunities;

- optimizing nursing and midwifery practice to enable nurses and midwives to practise in safe and supportive environments and promote their enhanced roles within multidisciplinary interprofessional health teams;
- creating and funding attractive jobs to increase the availability, distribution and retention of nurses while respecting the principles of the WHO Global Code of Practice on the International Recruitment of Health Personnel;
- building nursing and midwifery capacity at senior levels and offering clear career advancement pathways.

Fulfilling the proposed goals of the Roadmap is seen by the WHO Regional Office for Europe as an imperative not only for nurses and midwives, but also for the health and well-being of the populations and countries they serve.

Their current and potential roles in critical areas of primary health care, hospitals, mental health, long-term and palliative care and health promotion, and their broader societal impact in improving equity by making health care accessible to the most vulnerable populations, are invaluable. These attributes will go a long way towards building back our economies and accelerating gains in gender and social equity in our societies.

We sincerely express our gratitude to nurses and midwives in the Region for the dedication and passion they have shown, and continue to show, every day of their lives.



Natasha Azzopardi Muscat Director, Division of Country Health Policies and Systems, WHO Regional Office for Europe



Tomas Zapata Regional Adviser, Health Workforce and Service Delivery, WHO Regional Office for Europe



Margrieta Langins Nursing and Midwifery Policy Adviser, WHO Regional Office for Europe



Abbreviations

EPW	(WHO) European Programme of Work
GCNMOs	government chief nursing and midwifery officers
GSDNM	(WHO) Global strategic directions for nursing and midwifery 2021-2025 (report)
NCDs	noncommunicable diseases
NHWA	National Health Workforce Accounts
SDGs	Sustainable Development Goals
SoWMy	State of the world's midwifery (report)
SoWN	State of the world's nursing (report)

viii

Introduction

As governments in the WHO European Region rebuild health and social care systems affected by the COVID-19 pandemic, it is critical to ensure that the health and care workforce is at the centre of these efforts. Any discussions seeking to build a resilient, secure and fit-for-purpose health and care workforce will inevitably include nurses and midwives, who account for the largest single group of health professionals and are responsible for 90% of contacts between patients and health professionals.

Recent global and regional developments in nursing and midwifery have provided momentum for change in how nurses and midwives are viewed and valued. This Roadmap to guide implementation of the Global Strategic Directions for Nursing and Midwifery in the WHO European Region (referred to hereafter as the Roadmap) emphasizes the pressing requirement to put nurses and midwives - their activities, training, needs and expertise - firmly on political agendas and recognizes their critical contribution to achieving common health and social development targets. The Roadmap aspires to give back to nurses and midwives in the WHO European Region for the dedication and passion with which they continue to care for populations despite the many challenges and limitations they face. Fulfilling the proposed goals of the Roadmap is seen by the WHO Regional Office for Europe as an imperative not only for nurses and midwives, but also for the populations and countries they serve. Fulfilling the proposed goals of the Roadmap is seen as central to the WHO European Programme of Work (EPW) (WHO Regional Office for Europe, 2021a), which guides the work of the WHO Regional Office for Europe and has placed the workforce at the heart of the three EPW goals and four flagship programmes.

The role of nurses and midwives in addressing health challenges in the WHO European Region

Nurses and midwives comprise half of the professional health workforce globally, interact with people from

birth to death across all types of settings and account for about 90% of contacts between patients and health professionals (Crisp et al., 2018). They are often the first, and only, point of contact for people with health and care systems. They can deliver safe, high-quality, effective and efficient health services, particularly for vulnerable, disadvantaged and hard-to-reach groups. Enabling nurses and midwives to work to their full potential is essential to achieving the Sustainable Development Goals (SDGs) and universal health coverage, and to meeting current and future population health needs.

> Recent global and regional developments in nursing and midwifery have provided momentum for change in how nurses and midwives are viewed and valued.



Ageing populations and epidemiological changes linked to communicable and noncommunicable diseases (NCDs) have led to increased demand on health systems across the WHO European Region. NCDs are the leading cause of death, disease and disability in the Region. The risk of dying prematurely from the four major NCDs (cardiovascular diseases, cancer, respiratory diseases and diabetes) is below 10% in some countries, but as high as 31% in others (WHO Regional Office for Europe, 2021a). Nurses and midwives play a key role within a multidisciplinary health workforce and are central to providing health promotion and fostering health literacy in the prevention and management of NCDs (WHO, 2018).

Health inequality is visible in infectious diseases like tuberculosis, with around 83% of estimated cases occurring in 18 countries of the 53 in the Region. Thirteen of these are in eastern Europe and central Asia (WHO Regional Office for Europe & European Centre for Disease Prevention and Control, 2021). Nurses play an essential part in infectious disease prevention, management and control, including detecting, treating and caring for people who are infected; this became unequivocally apparent during the COVID-19 pandemic. Ensuring bachelor'slevel education and opportunities for advanced practice therefore are critical components of securing health system improvements in hospitals, primary care and community settings, particularly in relation to improving patient outcomes, and needs to be strengthened. The COVID-19 pandemic has created additional challenges to health systems in the Region and reinforced the central role of health and care workers in providing effective care and maintaining a functioning health system. Evidence on the full scope of the long-term consequences of the COVID-19 pandemic is still emerging within and beyond the health and social sectors. Although many guestions remain about the implications of long COVID on mental, physical and social functioning and its long-term impact on health services, the pandemic has revealed and exacerbated pre-existing weaknesses in the health system, including challenges with shortages of, imbalances in, and recruitment and retention of health workers in general and nurses and midwives in particular. It has also emphasized the need for Member States of the Region to enable nurses and midwives to work to the full scope of their education and training and highlighted the need for decent working conditions, strengthening nurses' and midwives' professional resilience and protecting their occupational, physical and mental health.

Most concerning is the rise of burnout and stress among nurses, midwives and other health workers, supported by emerging evidence of post-traumatic stress disorder among nurses and midwives, and the lack of understanding of the full implications of this for workers, populations and services. Now more than ever stakeholders in the WHO European Region need to sharpen their focus on the critical need for a well educated, skilled, competent, empowered and regulated health workforce.



Nurses and midwives account for about 90% of contacts between patients and health professionals.

The situation of nursing and midwifery in the WHO European Region

The first *State of the world's nursing* (SoWN) (WHO, 2020) and the third *State of the world's midwifery* (SoWMy) (United Nations Population Fund, 2021) reports provide the largest collections of evidence on the role of nurses and midwives in improving health outcomes worldwide. The reports offer invaluable data and insights to guide collective understanding of the four policy focus areas and accompanying policy priorities in the *Global strategic directions for nursing and midwifery 2021–2025* (GSDNM) (WHO, 2021a). Some of the areas that will be key for enabling the EPW in the European Region are as follows.



EDUCATION

The EPW calls for aligning the education, training and production of the future workforce with population health needs, including the requirements of post COVID-19 recovery. However, the education, roles and responsibilities of the nursing and midwifery professions vary greatly across the Region. The minimum levels of nursing and midwifery education and the quality of training programmes often do not prepare nurses and midwives to meet the health needs of the populations they serve. Primary capacity limitations revolve around numbers and qualifications of educators, infrastructure and clinical practicum sites.

In relation to pre-service education, most countries in all WHO regions, including the European Region, have threeor four-year programmes, with five-year programmes being rare. In relation to pre-service education, the SoWN report shows that four-year bachelor-level nursing education programmes are associated with better performance and better patient outcomes. As countries consider reforms to nursing education, it is important to ensure that these are delivered by nurses, and that curricula are informed by evidence, guided by national health priorities, and provide a combination of theory and practice. It is also important to engage practising nurses to ensure their voices are heard in the reform process.

It is also now clear that when midwives are educated to international standards and midwifery includes the provision of family planning, more than 80% of all maternal deaths, stillbirths and neonatal deaths could be averted (WHO, 2019a). Midwifery and nursing care provided by nurses and midwives educated to international standards have broader benefits for family and community health across a range of settings, from low- to high-income countries and including fragile and conflict-affected areas (Homer et al., 2014; Renfrew et al., 2014).



SERVICE DELIVERY

Equally important to the EPWs goal of aligning training and production of the future workforce with population health needs is the need to optimize the scope of nursing and midwifery practices. Differences in nursing and midwifery practices within the Region are substantial, however. In some countries, nurses can prescribe medication, perform minor surgery, independently manage chronic diseases and lead hospitals, while in others, nurses and midwives are struggling to practise to the full scope of their training. There is significant scope for nurses to play a far greater role in primary care in particular, strengthening primary health services in multidisciplinary teams by managing NCDs and promoting health and disease prevention (WHO, 2018). Implementing advanced and specialist roles with new and innovative models of care is key to achieving universal health coverage (Crisp et al., 2018; Rosa et al., 2021).

Nurses and midwives need safe and supportive environments to practise to the full extent of their education. This is about far more than ensuring fair working conditions, important though that is. It is also about putting in place regulations to support safe and enabling working environments for patients and health workers, including measures to ensure supportive conditions during emergency situations like the COVID-19 pandemic.

Within midwifery services, women's access to womancentred, respectful and rights-based skilled midwifery care across the whole childbirth continuum varies between Member States and settings. The 2021 SoWMy report observed that the WHO European Region is one of the regions in which midwives most commonly are not able to work to their full scope of practice, which can have grave consequences: beyond preventing maternal and newborn deaths, quality midwifery care improves over 50 other health-related outcomes, including in sexual and reproductive health, immunization, breastfeeding, tobacco cessation in pregnancy, tuberculosis, HIV and obesity in pregnancy, early childhood development and postpartum depression (United Nations Population Fund, 2021).

The evidence for improved outcomes and experiences of women and newborns when care is provided by a skilled midwife is strong (Nove et al., 2021; United Nations Population Fund, 2021). Midwifery-led birthing units increase the likelihood of spontaneous vaginal birth and decrease the rate of caesarean sections (Hodnett et al., 2012); this explains why midwifery education and services should be harmonized across the Region in compliance with WHO guidelines and international standards to ensure that no woman and her baby are left behind.



JOBS

The EPW calls for sustainable health workforces by building consensus around regional and subregional initiatives to reach a fairer distribution of the health workforce and address shortages. Nurses are the biggest group of professionals in the health workforce of the WHO European Region, numbering 7.3 million and comprising 57% of the total health workforce. There is maldistribution of nurses and midwives in the Region between rural and urban areas. The Region faces substantial shortages due to multiple factors such as an ageing workforce (Buchan et al., 2020), the impact of the COVID-19 pandemic, exacerbation of stress and burnout among the health workforce, an expected increase in nurses leaving the profession, lack of adequate recruitment and retention policies, lack of systematic heath workforce planning strategies and complex patterns of international migration.

Limited ability to work to the full scope of education and training and slow progression in implementing advanced roles are additional challenges, exacerbated by gender inequality in relation to, for instance, leadership, pay and career opportunities (WHO, 2019b). According to both the SoWN and SoWMY reports, progress toward the establishment of advanced nursing and midwifery roles in the European Region has been slow. Only 30% of countries in the European Region report having regulation in this area for nurses (WHO, 2020).

4



LEADERSHIP

The EPW calls for the formulation of national strategies for improving working conditions and retaining and motivating the existing workforce. Creating leadership opportunities for nurses and midwives is a strong factor in strengthening nursing and midwifery, including through retention and motivation. Nursing and midwifery leadership in clinical settings and policy-making spheres nevertheless faces challenges. The SoWN report (WHO, 2020) estimated that 86% of countries in the Region reported having a government chief nurse with most positions being assumed by nurses, although some continue not to be filled by nurses or midwives. Their roles, however, do not extend their reach into shaping health policies or key areas of workforce and service delivery planning. While the appointment of chief nurses and midwives indicates a true elevation of trust to participate in policy-making and is a sign of a strong turn towards strengthening the role of nurses and midwives at government level, nurses and midwives must be further supported in executing leadership roles. Analysis has shown that the presence of a government chief nursing or chief midwifery officer position and the existence of a nursing/ midwifery leadership programme are associated with a stronger regulatory environment for the profession (WHO, 2020; United Nations Population Fund, 2021).

That said, only 56% of countries in the Region report having nursing leadership programmes in place. These must be introduced from the very beginning to ensure that leadership opportunities are not missed (WHO, 2020). In midwifery, the SoWMY report showed that 54% of reporting countries in the European Region have midwives in leadership positions, with only 15% of these within national ministries of health (United Nations Population Fund, 2021). Although not all countries chose to introduce chief midwifery officers, those that have chosen to do so ensure the existence of midwife role models, enable prospects for career advancement and allow midwives to work to the full scope of their education and training.

Analysis has shown that the presence of a government chief nursing or chief midwifery officer position and the existence of a nursing/midwifery leadership programme are associated with a stronger regulatory environment for the profession



1. Policy context

Global and regional policy tools

By adopting the Agenda for Sustainable Development and its 17 SDGs, United Nations Member States have confirmed their commitment to eradicating poverty (SDG 1), achieving good health and well-being for all (SDG 3), ensuring inclusive and equitable education (SDG 4), achieving gender equality (SDG 5), and promoting decent work and inclusive and sustainable economic growth (SDG 8). WHO leads the global health efforts to accelerate progress on SDG 3, which is rooted in the concept of universal health coverage.

A key priority area for the EPW (WHO Regional Office for Europe, 2021a) is to support Member States to build sustainable health workforces in fulfilment of actions identified in the Towards a sustainable health workforce in the WHO European Region: framework for action (WHO Regional Office for Europe, 2017) and in the Toolkit for a sustainable health workforce in the WHO European Region (WHO Regional Office for Europe, 2018). This includes: building consensus around regional and subregional initiatives to reach a fairer distribution of the health workforce and address shortages; enabling a better understanding of health labour-market dynamics; monitoring health-worker mobility; promoting shared strategies to mitigate so-called push factors (including burnout and demotivation); and sustaining and enhancing trust between health workers and health authorities. The work is further grounded in four cross-cutting flagship programmes intended to accelerate and mobilize action around issues of high importance in the WHO European Region:

- The Pan-European Mental Health Coalition (WHO Regional Office for Europe, 2021b);
- Empowerment through Digital Health (WHO Regional Office for Europe, 2021c);
- The European Immunization Agenda 2030 (WHO Regional Office for Europe, 2021d); and
- Healthier Behaviours: incorporating Behavioural and Cultural Insights (WHO Regional Office for Europe, 2021e).

Global nursing and midwifery policy context

The SoWN and SoWMy reports informed the GSDNM's four strategic policy focus areas (education, service delivery, jobs and leadership) and corresponding 12 policy priorities. The GSDNM was endorsed though a resolution at the Seventy-fourth World Health Assembly in 2021, where Member States committed to working towards its implementation policy priorities (WHO, 2021b). The policy priorities are based on the best available evidence and reflect the most effective health-workforce strengthening approaches to date, using a health labour-market lens. The policy priorities aim to support Member States to fully enable the contribution of nurses and midwives to meet population health needs and build resilient and agile health systems. A framework of monitoring has been developed based on National Health Workforce Accounts (NHWA)¹ to monitor progression based on established datacollection processes.

¹ NHWA are a set of 78 core indicators across 10 modules covering three labour-market components: education, labour force and serving population health needs. The NHWA ensure regular and timely health workforce data collection to support country workforce forecasting and planning efforts.

Developing a regional Roadmap to guide implementation of the GSDNM

The Roadmap was conceptualized and developed with collaboration partners and through a broad consultative process that included key nursing and midwifery stakeholders in the WHO European Region. WHO collaborating centres for nursing and midwifery and the European Forum of National Nursing and Midwifery Associations (EFNNMA) were essential partners in its development.

The Roadmap aims to capture region-specific challenges while operationalizing the four strategic directions (education, service delivery, jobs and leadership) and the 12 policy priorities of the GSDNM in alignment with national health priorities to inform targeted actions and areas for investment in nursing and midwifery. It also sets out the workplan for Member States and the WHO Regional Office for Europe for the next five years to contribute to the implementation of the GSDNM priorities and the three pillars of the EPW (Fig. 1).

In March 2021 at the WHO European Region biennial meeting of Government Chief Nursing and Midwifery Officers (GCNMOs) and Focal Points, European Forum of National Nursing & Midwifery Associations and WHO Collaborating Centres (WHO Regional Office for Europe, 2021f), key stakeholders (GCNMOs, professional associations, unions, ministry focal points and academics) discussed and identified key priority areas and actions across the Region in each of the GDSNM four areas of focus (Fig. 2). This formed the foundation for the actions in the regional Roadmap presented in Chapter 2.

Fig. 1. WHO core pillars of work



Fig. 2. Nursing and midwifery priority areas identified during the March 2021 meeting of key nursing and midwifery stakeholders



EDUCATION

- · Aligning education and training with scope of practice
- · Ensuring that evidence-based practice is a core component of pre-service education
- Improving digitalization and simulation tools in education
- · Securing mentoring and quality during clinical placements
- · Securing midwifery education in line with international standards



JOBS

- Ensuring that systematic human resources for health planning is underpinned by updated nursing and midwifery data
- Implementing both short-term and long-term retention and recruitment strategies like fair wages, safe staffing, continuing professional development, career paths and rural retention strategies



LEADERSHIP

- Empowering and supporting the next generation of nurse and midwifery leaders through leadership competence development for students and early-career nurses and midwives
- · Supporting leadership networks at different levels
- Developing the potential of leadership-skills formation in fields like economics, advocacy and political engagement



SERVICE DELIVERY

- Continuing the work of implementing and developing nursing, midwifery and multiprofessional (where relevant) clinical guidelines
- Utilizing digitalization of health systems to collect systematic data that document the impact of nursing and midwifery interventions
- Developing legislation and regulation that support the development and implementation of advanced roles in nursing and midwifery and nursing- and midwifery-led care

2. The regional Roadmap to guide implementation of the Global Strategic Directions for Nursing and Midwifery

How to read the Roadmap

Taking into the account the priorities of the European Region as described in the EPW (WHO Regional Office for Europe, 2021a) and discussed at the 2021 WHO European Region biennial meeting (WHO Regional Office for Europe, 2021f), the Roadmap sets out a series of activities organized according to the four GSDNM areas of focus and 12 priority areas. It proposes activities for Member States and outlines specific areas of technical support that the Regional Office can provide. Activities in the Roadmap can be implemented and developed in many ways and may engage different constellations of stakeholders, depending on country contexts and priorities. The country examples collected for the purpose of illustrating elements of the Roadmap in practice were developed by nursing and midwifery leaders, government focal points, educators and researchers across the Region. The links to the country case studies are included after each section to highlight examples of implementation to advance nursing and midwifery, focusing on challenges and key elements of success.

Throughout this document, the terms "midwife" and "nurse" refer to the distinct occupational groups as described by the International Standard Classification of Occupations in 2008 (International Labour Organization, 2008). WHO recognizes and appreciates the professional distinctions and scopes of practice of the nurse and the midwife, as well as the fact that many countries choose to educate and regulate midwives and nurses jointly to meet health service delivery needs. The GSDNM highlights prioritized issues that are of the highest relevance to both occupations. Where challenges and responses at policy level are different, they are articulated separately.

Monitoring

Monitoring and evaluation of the activities outlined in this Roadmap should be aligned to the monitoring mechanisms outlined in the GSDNM (WHO, 2021a) (see the Annex). In addition to the global mechanisms, at European level, the WHO Collaborating Centre for Human Resources for Health Research and Policy at the Katholieke Universiteit Leuven in Belgium has developed a set of region-specific indicators that can inspire countries to monitor progress. Countries are encouraged to share updates on progress at WHO European regional meetings, including the biennial meeting of GCNMOs and focal points, the European Forum of National Nursing & Midwifery Associations and WHO collaborating centres.

the hurse bed by actions WHO netions ife, as ucate and th service issues ons. The intervention of the inte

Policy focus. Education

Strengthening and transforming education capacity and quality is essential to ensuring that nursing and midwifery roles are optimized to meet population health needs and align with health workforce planning strategies. It is a key measure that will positively contribute to the achievement of healthy lives and well-being, universal health coverage and resilient health systems in Member States (WHO Regional Office for Europe, 2017).



POLICY FOCUS. EDUCATION

Strategic direction: midwife and nurse graduates match or surpass health system demand and have the requisite knowledge, competencies and attitudes to meet national health priorities

-		-	
Do	ICV	nrio	PITV
ΓU	IICY.	prio	110
	iicy	prio	

It is suggested that by 2025, WHO European Region Member States should consider:



Align the levels of nursing and midwifery education with optimized roles within the health and academic systems moving towards developing and expanding bachelor-level programmes for general entry roles to ensure optimal care, safety of patients and improved health outcomes in line with the EPW priorities; where needed, bridging and articulation programmes can facilitate transition of nondegree-educated nurses and midwives;



establishing clear educational pathways for nursing and midwifery to support the distinct professional roles;



ensuring nursing and midwifery education benefits from alignment with the European Professional Qualification Directive 2013/55/EU (European Union, 2013), while midwifery education is guided by the International Confederation of Midwives Global Standards for Midwifery Education (International Confederation of Midwives, 2021);



working towards master's- and PhD-level programmes that are dedicated to preparing nurses and midwives for more advanced roles in service delivery, policy and academia; By 2025, the WHO Regional Office for Europe will have worked towards:



providing technical country support and engaging WHO collaborating centres for Member States that want to develop and strengthen their pre-service education programmes, in line with a labour-market analysis and a wider health systems approach;



providing support for countries seeking to strengthen their midwifery education through the dissemination and implementation of the Midwifery Assessment Tool for Education (WHO Regional Office for Europe, 2020);



working with WHO collaborating centres to strengthen educational pathways;



establishing a regional midwifery expert group to support countries in strengthening midwifery education;

10



Policy focus. Education contd

Policy priority

It is suggested that by 2025, WHO European Region Member States should consider:

By 2025, the WHO Regional Office for Europe will have worked towards:



conducting analyses to support the development of advanced roles for nursing and midwifery in the Region;



working with WHO collaborating centres to strengthen nursing and midwifery master'sand PhD-level programmes in Member States;

Optimize the domestic production of midwives and nurses to meet or surpass health system demand



supporting education institution capacity in line with demand-driven systematic human resources for health planning approaches to secure the nursing and midwifery workforce pipeline;



implementing regulatory systems for the review and approval of education programmes;



financing possibilities and giving special attention to groups that face social, geographical and economic barriers in accessing education;^a

supporting the development of regulatory mechanisms to assure competency-based education programmes;



supporting the development of competency frameworks that secure competencies in primary health care, social determinants of health, ageing, mental health and digital health;



conducting an analysis of the economic impact and return on investment of scaling-up education;



supporting Member States through regional and subregional dialogues in developing human resources for health workforce planning models and tools;



supporting Member States with an analysis of student recruitment policies into nursing and midwifery programmes;



supporting Member States with an analysis of effective regulation of nursing and midwifery education and training programmes;



organizing regional and subregional support in developing competencies in the EPW priority areas:

- primary health care
- public health
- mental health
- long-term care
- digital health;

Design education suppo

programmes to be competency-based, apply effective learning design, meet quality standards and align with population health needs



Policy focus. Education contd

Policy priority

Ensure that faculty

trained in the best

and technologies,

with demonstrated clinical expertise in content areas

pedagogical methods

are properly

It is suggested that by 2025, WHO European Region Member States should consider:



supporting evidence-based practice as a core component of pre-service education for nurses and midwives;



allocating resources to ensure that practice-based training is included in pre-service education so that students' practice-based learning is protected from demands placed on staff and that they are trained by qualified clinical nursing and midwifery mentors/tutors;



promoting midwifery and nursing programmes that are led and delivered by nurses and midwives who have postgraduate qualifications and understanding of current pedagogical methods; and



supporting collaborations across academia and clinical settings to ensure nursing and midwifery educators can facilitate up-to-date and experiential learning for their students.



By 2025, the WHO Regional Office for Europe

engaging WHO collaborating centres specializing

in evidence-based practice to support countries

working towards strengthening evidence-based

will have worked towards:

practice;

working with WHO collaborating centres to support the development of nursing and midwifery faculty who have postgraduate qualifications and understanding of current pedagogical approaches; and



working with WHO collaborating centres to build expertise in academic-practice collaborations.

^a Underrepresentation of students from different backgrounds impacts the ability to reach certain population groups.



Policy focus. Jobs

Creating jobs, putting in place proper recruitment and retention mechanisms and conducting health workforce planning in alignment with a health labour-market lens are essential elements in ensuring the availability and sustainability of the nursing and midwifery workforce.



POLICY FOCUS. JOBS

Strategic direction: increase the availability of health workers by sustainably creating nursing and midwifery jobs, effectively recruiting and retaining midwives and nurses, and ethically managing international mobility and migration

Policy priority	It is suggested that by 2025, WHO European Region Member States should consider:	By 2025, the WHO Regional Office for Europe will have worked towards:
Conduct nursing and midwifery workforce planning and forecasting through a health labour-	engaging nursing and midwifery leadership in decision-making and in the process of developing effective health workforce policies;	supporting Member States with human resources for health workforce planning models and tools and, upon request, supporting Member States with comprehensive labour-market analysis;
a nearth fabour- market lens	using systematic approaches to service need for the health and care workforce, including nurses and midwives, and ensure data are in accordance with the International Standard Classification of Occupations, disaggregated by age and gender;	providing regional and subregional support to all relevant nursing and midwifery stakeholders on the collection of health and care workforce data;
	strengthening data-collection and analysis capacity to support effective service needs assessment that can enable mobilization of staff, including staff reserve pools, better monitoring of absence rates and effective legislation/regulation;	

13



Policy focus. Jobs contd

Policy priority

Ensure adequate

respect to health

demand (jobs) with

service delivery for

primary health care and other population health priorities

It is suggested that by 2025, WHO European Region Member States should consider:



prioritizing the strengthening of nursing and midwifery employment opportunities in primary health care and public health to meet population health needs;



promoting nurses and midwives as key members of multidisciplinary, integrated, networked, team-based models for delivering primary health care services across the whole life-course and childbirth continuum where and when needed;



implementing the recommendations from the WHO guideline on health workforce development, attraction, recruitment and retention in rural and remote areas (WHO, 2021c) to ensure adequate staffing and services in rural and remote areas;

By 2025, the WHO Regional Office for Europe will have worked towards:



supporting Member States in developing new models of service provision in primary health care by sharing examples and policy recommendations;



providing technical support to Member States that are working to identify gaps in care provision in primary health care and in the development of new policies that enable nurses and midwives to uptake new roles and maximize their contribution;



supporting regional and subregional dialogues about the implementation of the *WHO guideline* on health workforce development, attraction, recruitment and retention in rural and remote areas (WHO, 2021c) to their national context;

Reinforce implementation of the WHO Global Code of Practice on the International Recruitment of Health Personnel (WHO, 2021d)



adopting the principles of the Global Code of Practice (WHO, 2021d) to their national context;



monitoring data on in/out migration of the health workforce, including nurses and midwives, and analysing reasons for in/out migration;

developing and implementing sustainable recruitment and retention policies based on national health priorities and improving job satisfaction in alignment with the International Labour Organization decent work agenda (International Labour Organization, 1999), with particular focus on:



supporting Member States with technical guidance on implementing the WHO Global Code of Practice and supporting countries working towards bilaterally agreed recruitment agreements;



supporting Member States with evidence synthesis of successful recruitment and retention strategies for nurses and midwives;





Policy focus. Jobs contd

It is suggested that by 2025, WHO European Region Member States should consider:	By 2025, the WHO Regional Office for Europe will have worked towards:
<text><list-item><list-item><list-item><list-item><list-item><list-item><list-item><list-item></list-item></list-item></list-item></list-item></list-item></list-item></list-item></list-item></text>	<text><text><image/><text></text></text></text>
CLICK HERE FOR JOBS CAS	E STUDIES
	 Region Member States should consider: closing gender gaps in employment, ensuring decent work for all women and equal pay for work of equal value to achieve gender equality; ensuring safe staffing levels and safe work environments; creating clear career path opportunities and possibilities for moving to advanced and leadership roles; ensuring the ability to work to the full scope of practice; providing occupational health and safety training; Working towards having up-to-date and functional regulatory systems in place that oversee and guide safe professional practice of the workforce, including nurses and midwives; and Working towards securing and protecting nursing and midwifery scopes of practice in line with their education as a means of ensuring job satisfaction



Policy focus. Leadership

Enabling leadership capacity that supports the governance and regulation mechanisms covering the performance of the entire health sector is essential to developing a sustainable health workforce. Leadership is also key to supporting and enabling the existing health workforce to contribute to the achievement of universal health coverage (WHO Regional Office for Europe, 2017).



POLICY FOCUS. LEADERSHIP

Strategic direction: increase the proportion and authority of midwives and nurses in senior health and academic positions and continually develop the next generation of nursing and midwifery leaders

icy	icy prio

It is suggested that by 2025, WHO European Region Member States should consider:

Establish and strengthen senior leadership positions for nursing and midwifery workforce governance and management and input into health policy



moving towards having a GCNMO or a senior nursing and midwifery policy adviser(s) to advise ministers of health and support the development of national health policies that meet population health needs, in line with resolution WHA 74.15 (WH0, 2021b);



developing, implementing and maintaining senior nursing and midwifery leadership roles to engage in policy development beyond nursing and midwifery; By 2025, the WHO Regional Office for Europe will have worked towards:



establishing and supporting networking and capacity-building of a European GCNMO hub to engage with the new nursing and midwifery global community of practice;



monitoring the development of GCNMOs in the Region and collecting data on their roles and impact;



continuing to host the biennial regional meeting to take stock of progress in strengthening senior nursing and midwifery leadership;



engaging national GCNMOs in country missions and national health policy dialogues;

16



Policy focus. Leadership contd

Policy priority

Invest in leadership

skills development

for midwives and

nurses

It is suggested that by 2025, WHO European Region Member States should consider:



supporting the development of clinical and non-clinical leadership opportunities for nurses and midwives at various stages of their career pathways at different levels of education (preservice, advanced and continuing professional development);



supporting nurses' and midwives' enrolment in leadership programmes; and

88

addressing discrepancies in leadership representation of nurses and midwives.

By 2025, the WHO Regional Office for Europe will have worked towards:



collaborating with key stakeholders like the European Forum of National Nursing and Midwifery Associations, the International Council of Nurses and the International Confederation of Midwives to develop and disseminate information about leadership and award programmes;



supporting the development of a digital platform to scale up leadership training for nursing and midwifery managers and policy leaders in the Region;



delivering a series of courses in human resources for health leadership and management that will be open to senior nursing and midwifery managers and leaders;



engaging with youth leadership initiatives for nurses and midwives and exploring opportunities for accreditation at the WHO Regional Committee for Europe and through the work of WHO; and



supporting Member States by conducting an analysis of nursing and midwifery leadership in countries.



Policy focus. Service delivery

Optimizing service delivery and practice to transform health services, particularly in resource-limited settings, can be accomplished by creating an expanded scope of practice for nurses and midwives while ensuring safe and supportive working environments in which they can fulfil their new roles. Reviewing and updating regulatory mechanisms to facilitate this process must go hand in hand with policy changes to ensure their enforcement.



POLICY FOCUS. SERVICE DELIVERY

Strategic direction: midwives and nurses work to the full extent of their education and training in safe and supportive service delivery environments

Policy priority	It is suggested that by 2025, WHO European Region Member States should consider:	By 2025, the WHO Regional Office for Europe will have worked towards:
		a for
Review and strengthen professional regulatory systems	reviewing and aligning regulatory levers to ensure coherence between education, practice and health-policy goals;	providing technical support to Member States to explore regulatory levers for ensuring coherence between education, practice and health-policy goals;
and support capacity-building of regulators, where needed	engaging multiple stakeholders, including	e constantino de la constant
	nursing and midwifery leaders, academia and associations, to develop professional regulation and legislation models that reflect the skills and competencies of the workforces;	providing technical support to Member States in maintaining and regularly updating professional registries to enable an overview of nursing and midwifery workforce dynamics;
		a for
	enabling and protecting nurses and midwives to practise to their full scope of education and training (general and advanced practice);	providing technical support to Member States to implement resolution WHA72.6 on global action on patient safety (WHO, 2019c);
	記	

introducing or regularly updating professional registries to have an overview of nursing and midwifery workforce dynamics as part of a larger human resources for health information system;



adopting mechanisms for reporting and investigating concerns related to service delivery environments to secure patient and health workforce safety in accordance with resolution WHA72.6 on global action on patient safety (WHO, 2019c);

18



Policy focus. Service delivery contd

Policy priority

Adapt workplaces

to enable nurses

and midwives to contribute maximally to service delivery in interdisciplinary health-care teams It is suggested that by 2025, WHO European Region Member States should consider:



ensuring that nurses and midwives are involved in decision-making at all levels of service delivery;



supporting nurses' and midwives' representation in interdisciplinary working groups for improving service delivery (such as those on quality improvements, clinical guidelines, research and continuing professional development);



supporting initiatives that disseminate knowledge and evidence of nurses' and midwives' abilities to meet population health needs through midwifeand nurse-led care, with a special focus on the priorities of the EPW (primary health care, maternal child health, sexual and reproductive health, mental health/perinatal mental health and long-term care);



ensuring that nurses and midwives receive regular and as-needed continuing professional development in the context of their employment to ensure they are fit for purpose and practice;



aligning evidence-based clinical guidelines and protocols with electronic patient records; and



developing digital supports for nurses and midwives to document and monitor their service provision based on nursing and midwifery perspectives.





engaging key nursing and midwifery voices in country missions and policy dialogues related to planning service delivery;



engaging with WHO collaborating centres to provide evidence for developing midwife- and nurse-led care within the priority areas of the EPW to meet population health needs;



supporting Member States in improving up-to-date continuing professional development approaches that ensure nurses and midwives are fit for purpose and practice;



developing a rapid review of continuing professional development across the Region, with a special focus on the priorities of the EPW;



working with WHO collaborating centres to share examples of how continuing professional development can be tailored to the specific context of service delivery; and



organizing regional and subregional dialogues about digital health services, including the use of electronic patient records, for improving the monitoring and evaluation of nursing and midwifery interventions and ensuring patient safety.



CLICK HERE FOR SERVICE DELIVERY CASE STUDIES

3. Conclusion

20

The regional Roadmap to implement the Global Strategic Directions for Nursing and Midwifery 2021–2025 has been developed to support Member States in the European Region in realizing key priority areas for strengthening nursing and midwifery while accounting for regional specificities and policy context, as well as common and unique challenges. Although goals and activities proposed for Member States reflect collective regional aims, implementation of activities will depend on country contexts and the inputs of constellations of stakeholders. Corresponding areas of support from the WHO Regional Office for Europe will be aligned to these unique needs and approaches to ensure that every Member State in the WHO European Region can benefit from the full contribution of nurses and midwives.



References²

Buchan J, Catton H, Shaffer FA (2020). Ageing well? Policies to support older nurses at work. Philadelphia (PA): International Centre on Nurse Migration (https://www.icn.ch/sites/default/files/inline-files/Ageing%20ICNM%20 Report%20December%209%202020.pdf).

Crisp N, Brownie S, Refsum C (2018). Nursing and midwifery: the key to the rapid and cost-effective expansion of high-quality universal health coverage. Doha: World Innovation Summit for Health (https://www.researchgate.net/publication/329028272_NURSING_AND_MIDWIFERY_THE_KEY_TO_THE_RAPID_AND_COST-EFFECTIVE_EXPANSION_OF_HIGH-QUALITY_UNIVERSAL_HEALTH_COVERAGE_A_Report_of_the_WISH_Nursing_and_UHC_Forum_2018).

European Union (2013). Directive 2013/55/EU of the European Parliament and of the Council of 20 November 2013 amending Directive 2005/36/ EC on the recognition of professional qualifications and Regulation (EU) No 1024/2012 on administrative cooperation through the Internal Market Information System ('the IMI Regulation') Text with EEA relevance. OJ L 354, 28.12.2013, p. 132 -170 (https://eur-lex.europa.eu/eli/dir/2013/55/oj).

Hodnett ED, Downe S, Walsh D (2012). Alternative versus conventional institutional settings for birth. Cochrane Database Syst Rev. 2012(8):CD000012. doi:10.1002/14651858.CD000012.pub4.

Homer CSE, Friberg IK, Dias MAB, ten Hoope-Bender P, Sandall J, Speciale AM et al. (2014). The projected effect of scaling up midwifery. Lancet 384(9948):1146–57.

International Confederation of Midwives (2021). ICM Global Standards for Midwifery Education (revised 2021). The Hague: International Confederation of Midwives (https://www.internationalmidwives.org/assets/files/generalfiles/2021/09/global-standards-for-midwifery-education_2021_en.pdf).

International Labour Organization (1999). Decent work and the 2030 agenda for sustainable development. Geneva, International Labour Organization (http://ilo.org/wcmsp5/groups/public/---dgreports/---dcomm/ documents/publication/wcms_436923.pdf).

International Labour Organization (2008). International Standard Classification of Occupations. Geneva: International Labour Organization (https://www.ilo.org/public/english/bureau/stat/isco/).

Nove A, Fribeg IK, de Bernis L, McConville F, Moran AC, Nallemba M et al. (2021). Potential impact of midwives in preventing and reducing maternal and neonatal mortality and stillbirths: a Lives Saved Tool modelling study. Lancet Glob Health 9(1):24–32. doi:10.1016/S2214-109X(20)30397-1.

Renfrew MJ, McFadden A, Bastos MH, Campbell J, Channon AA, Cheung NF et al. (2014). Midwifery and quality care: findings from a new evidence-informed framework for maternal and newborn care. Lancet 384(9948):1129–45.

Rosa WE, Hannaway CJ, McArdle C, McManus MF, Alharahsheh ST, Marmot M (2021). Nurses for health equity: guidelines for tackling the social determinants of health. Doha: World Innovation Summit for Health (https://www.researchgate.net/publication/352282240_Nurses_for_Health_ Equity_Guidelines_for_Tackling_the_Social_Determinants_of_Health). United Nations Population Fund (2021). The state of the world's midwifery 2021. New York (NY): United Nations Population Fund (https://www.unfpa. org/publications/sowmy-2021).

WHO (2018). Time to deliver: report of the WHO Independent High-level Commission on Noncommunicable Diseases. Geneva: World Health Organization (https://apps.who.int/iris/handle/10665/272710).

WHO (2019a). Framework for action: strengthening quality midwifery education for universal health coverage 2030. Geneva: World Health Organization (https://www.who.int/publications/i/item/9789241515849).

WHO (2019b). Delivered by women, led by men: a gender and equity analysis of the global health and social workforce. Geneva: World Health Organization (https://apps.who.int/iris/handle/10665/311322).

WHO (2019c). Resolution WHA72.6. Global action on patient safety. In: Seventy-second World Health Assembly, Geneva, 20–28 May 2019: resolutions and decision; annexes. Geneva: World Health Organization:19–24 (https://apps.who.int/iris/handle/10665/331821).

WHO (2020). State of the world's nursing 2020: investing in education, jobs and leadership. Geneva: World Health Organization (https://apps.who.int/ iris/handle/10665/331677).

WHO (2021a). WHO global strategic directions for nursing and midwifery 2021–2025. Geneva: World Health Organization (https://apps.who.int/iris/handle/10665/344562).

WHO (2021b). Strengthening nursing and midwifery: investments in education, jobs, leadership and servicy delivery. Geneva: World Health Organization (WHA74.15; https://apps.who.int/gb/ebwha/pdf_files/WHA74/A74_ACONF3-en.pdf).

WHO (2021c). WHO guideline on health workforce development, attraction, recruitment and retention in rural and remote areas. Geneva: World Health Organization (https://www.who.int/publications/i/item/9789240024229).

WHO (2021d) WHO Global Code of Practice on the International Recruitment of Health Personnel. Geneva: World Health Organization (https://www.who.int/publications/m/item/nri-2021).

WHO Regional Office for Europe (2017). Towards a sustainable health workforce in the WHO European Region: framework for action. Copenhagen, WHO Regional Office for Europe (EUR/RC67/10; https://www.euro. who.int/en/about-us/governance/regional-committee-for-europe/past-sessions/67th-session/documentation/working-documents/eurrc6710-towards-a-sustainable-health-workforce-in-the-who-european-region-framework-for-action).

WHO Regional Office for Europe (2018). Toolkit for a sustainable health workforce in the WHO European Region. Copenhagen: WHO Regional Office for Europe (https://www.euro.who.int/en/health-topics/Health-systems/ health-workforce/publications/2018/the-toolkit-for-a-sustainable-health-workforce-in-the-who-european-region-2018).

² All references were accessed on 4 November 2021.

WHO Regional Office for Europe (2020). Midwifery Assessment Tool for Education (MATE). Copenhagen: WHO Regional Office for Europe (https://www.euro.who.int/en/health-topics/Health-systems/nursing-and-midwifery/publications/2020/midwifery-assessment-tool-for-education-mate-2020).

WHO Regional Office for Europe (2021a). The European Programme of Work, 2020–2025: United Action for Better Health. Copenhagen: WHO Regional Office for Europe (https://www.euro.who.int/en/health-topics/ health-policy/european-programme-of-work/about-the-europeanprogramme-of-work/european-programme-of-work-20202025-unitedaction-for-better-health-in-europe2).

WHO Regional Office for Europe (2021b). The Pan-European Mental Health Coalition. In: WHO Regional Office for Europe [website]. Copenhagen: WHO Regional Office for Europe (https://www.euro.who.int/en/health-topics/ health-policy/european-programme-of-work/flagship-initiatives/the-paneuropean-mental-health-coalition).

WHO Regional Office for Europe (2021c). Empowerment through Digital Health. In: WHO Regional Office for Europe [website]. Copenhagen: WHO Regional Office for Europe (https://www.euro.who.int/en/healthtopics/health-policy/european-programme-of-work/flagship-initiatives/ empowerment-through-digital-health).

WHO Regional Office for Europe (2021d). The European Immunization Agenda 2030. In: WHO Regional Office for Europe [website]. Copenhagen: WHO Regional Office for Europe (https://www.euro.who.int/en/healthtopics/health-policy/european-programme-of-work/flagship-initiatives/theeuropean-immunization-agenda-2030). WHO Regional Office for Europe (2021e). Healthier Behaviours: incorporating Behavioural and Cultural Insights. In: WHO Regional Office for Europe [website]. Copenhagen: WHO Regional Office for Europe (https://www.euro.who.int/en/health-topics/health-policy/europeanprogramme-of-work/flagship-initiatives/healthier-behaviours-incorporatingbehavioural-and-cultural-insights).

WHO Regional Office for Europe (2021f). Biennial meeting of Government Chief Nursing and Midwifery Focal Points, European Forum of National Nursing & Midwifery Associations and WHO Collaborating Centres in the WHO European Region. Meeting report, 24–25 March 2021. Copenhagen: WHO Regional Office for Europe (https://www.euro.who.int/en/healthtopics/Health-systems/nursing-and-midwifery/publications/2021/ biennial-meeting-of-government-chief-nursing-and-midwifery-focal-points,european-forum-of-national-nursing-and-midwifery-associations-and-whocollaborating-centres-in-the-who-european-region.-meeting-report,-2425march-2021).

WHO Regional Office for Europe, European Centre for Disesase Prevention and Control (2021). Ending tuberculosis is a race against time and drug resistance. In: European Centre for Disesase Prevention and Control [website]. Stockholm: European Centre for Disesase Prevention and Control (https://www.ecdc.europa.eu/en/news-events/ending-tuberculosis-raceagainst-time-and-drug-resistance).



Annex. Global Strategic Directions for Nursing and Midwifery 2021–2025: monitoring and accountability framework

POLICY FOCUS	S: EDUCATION			Monitoring frequency	Monitoring mechanism
		STRATEGIC DIR	ECTION		
demand and have	e graduates matcl the requisite kno a national health p	wledge, competen	n system cies and	Once, 2025	Analysis by WHO of NHWA data and reports from country delegations to the GCNMO Forum, held with the "Triad" meeting ^a
		POLICY PRIOR	ITIES		
Align the levels of nursing and midwifery education with optimized roles within the health and academic systems	Design education programmes to be competency-based, apply effective learning design, meet quality standards, and align with population health needs	Optimize domestic production of midwives and nurses to meet or surpass health system demand	Ensure faculty are properly trained in the best pedagogical methods and technologies, with demonstrated clinical expertise in content areas	Once, 2025	Analysis by WHO of NHWA data and reports from country delegations to the GCNMO Forum, held with the "Triad" meeting ^a
DATA (EXAMPLE	S) PLEASE CONSULT	THE <u>NHWA HANDBOO</u>	<u>K</u> (WHO, 2017) FOR TI	HE DEFINITION	S OF INDICATORS
NHWA 2-02 NHWA 3-01 NHWA 9-04	NHWA 3-02 NHWA 3-03 NHWA 3-04 NHWA 3-06 NHWA 3-07 NHWA 9-04	NHWA 2-03 NHWA 2-04, 2-05 NHWA 2-07 NHWA 4-02 NHWA 9-04 NHWA 10-04	NHWA 2-05 SoWN NN-3	Annually 2021–2025	NHWA Platform
	Р	ROPOSED REGIONAL	INDICATORS		
Percentage of bachelor- educated professional nurses and midwives/ total number of nurses and midwives Numerator: total number of bachelor professional nursing and midwifery graduates (ISCO 2221/ISCO 2222) Denominator: total number of nursing and midwifery graduates (ISCO 2221/2222 + ISCO 3221/3222) Percentage of master's and/or PhD trained nurses and midwives/all nurses and midwives Numerator: total number of masters + PhD nursing and midwifery graduates (survey to higher education institutions) Denominator: total number of nursing and midwifery graduates (ISCO 2221/2222 + ISCO 3221/3222)	Percentage of education programmes addressing the UHC2030 goals ^b through a dedicated course/ specialization or clinical practice (survey)	Percentage of the number of nurses trained/number of nurses needed Numerator: number of nursing and midwifery graduates + number of nurses and midwives immigrating – number of nurses and midwives emigrating Denominator: number of nurses and midwives retiring + number of nurses and midwives leaving the profession + net change in average job time + net expected increase in nursing and midwifery needs Indicators to calculate increase in nursing needs: overall economic growth and population > 65 years (Scheffler & Arnold, 2018)	Percentage of nursing and midwifery teaching staff with at least the minimum general requirements for teaching staff (master's level for vocational education; PhD for bachelor education) Numerator 1 (N1): number of nursing and midwifery teaching staff who have at least a master's qualification in vocational nursing education Numerator 2 (N2): number of nursing and midwifery teaching staff who have at least a PhD qualification in bachelor nursing education Denominator 1 (D1): total number of nursing and midwifery teaching staff in vocational nursing education Denominator 2 (D2): total number of nursing and midwifery teaching staff in bachelor nursing education Indicator = (N1 + N2)/(D1 + D2)	SoWN: State of the (report). FOOTNOTES ^a The "Triad" meetin WHO of key nursing GCNMOS, regulator WHO collaborating ^b The UHC2030 goz community care; vt maternal and newb mental health; healt diseases; and nonce REFERENCES Scheffler RM, Arnol and surpluses of do what looms ahead. 274–90. doi:10.101 WHO (2017). Nation (NHWA: a handboo Organization (https optimize-health-ser	ers. Standard icupations. salth Workforce Accounts. world's nursing ng is a biannual meeting hosted by a and midwifery partners, including s, representatives of national is and midwifery associations and centres for nursing and midwifery. als relate to: primary and ulnerable populations; reproduction, iorn childcare; adolescent care; thy ageing; communicable iommunicable diseases. Id DR (2019). Projecting shortages botors and nurses in the OECD: Health Econ Policy Law 14(2): 17/S174413311700055X. nal Health Workforce Accounts k). Geneva: World Health i//score.tools.who.int/tools/ vice-data/tool/national-health- s-nhwa-a-handbook 44/,

24

POLICY FOCUS	S: JOBS			Monitoring frequency	Monitoring mechanism
		STRATEGIC DIR	ECTION		
Increase the availability of health workers by sustainably creating nursing and midwifery jobs, effectively recruiting and retaining midwives and nurses, and ethically managing international mobility and migration				Once, 2025	Analysis by WHO of NHWA data, the National Reporting Instrument, and reports from country delegations to the GCNMO Forum, held with the "Triad" meeting ^a
		POLICY PRIOR	ITIES		
Conduct nursing and midwifery workforce planning and forecasting through a health labour- market lens	Ensure adequate demand (jobs) with respect to health service delivery for primary health care and other population health priorities	Reinforce implementation of the WHO Global Code of Practice on the International Recruitment of Health Personnel	Attract, recruit and retain midwives and nurses where they are most needed	2022 2024	GCNMO Forum/"Triad" meetingª country delegation report
DATA (EXAMPLE	S) PLEASE CONSULT 1	THE <u>NHWA HANDBOO</u>	<u>K</u> (WHO, 2017) FOR TI	HE DEFINITION	S OF INDICATORS
NHWA 9-01 NHWA 9-03	NHWA 1-01 NHWA 1-05 NHWA 7-01 NHWA 10-05	NHWA 1-07 NHWA 1-08 NHWA 10-02	NHWA 1-02 NHWA 6-06 NHWA 5-07 NHWA 6-01 NHWA 6-02 NHWA 8-03	Annually 2021–2025	NHWA platform
	Р	ROPOSED REGIONAL	INDICATORS		
Density of nurses per 10 000 population (NHWA) Density of midwives per 10 000 births (NHWA, OECD) Density of midwives per 10 000 women < 65 years (NHWA, OECD) Engagement in health workforce planning for nurses/midwives (SEPEN survey)	Percentage of nurses and midwives in public health facilities and primary care (NHWA 1-05)	Health authorities signing WHO Global Code of Practice (WHO Regional Office for Europe)	Introduction of a selected set of attractivity measures ^b that are offered in health-care institutions (survey) Percentage of nurses and midwives showing high levels of burnout and high intention to leave the profession (RN4CAST survey) Percentage of professionally active ⁶ nurses and midwives/ licensed to practise ^d nurses and midwives (OECD health statistics)	of Occupations. NHWA: National He OECD: Organisation Development. SEPEN: Support for and Forecasting Ex FOOTNOTES ^a The "Triad" meetit WHO of key nursing GCNMOs, regulator NUHO collaborating ^b Attractivity measi nursing students; p students; continuini as working time; nu professional develor measures. ^c Professionally act personnel and othe education is a prerein, for example, adm or education. ^d Licensed to pract	ers. Standard Classification salth Workforce Accounts. I for Economic Co-operation and the Health Workforce Planning pert Network. In g is a biannual meeting hosted by and midwifery partners, including s, representatives of national is and midwifery associations and centres for nursing and midwifery. Jures include: scholarships for ractice not being dependent on g professional development seen reser replaced during continuing ipment activity; and end-of-career rive: include practising care r care personnel for whom their equisite for the execution of the job ninistration, management, research se: completed a programme of ualified and authorized in his/her

REFERENCE WHO (2017). National Health Workforce Accounts (NHWA: a handbook). Geneva: World Health Organization (https://score.tools.who.int/tools/ optimize-health-service-data/tool/national-healthworkforce-accounts-nhwa-a-handbook-44/, accessed 4 November 2021).



POLICY FOCUS: LEADERSHIP			Monitoring mechanism
	STRATEGIC DIRECTION		
Increase the proportion and authority of midwives and nurses in senior health and academic positions and continually develop the next generation of nursing and midwifery leaders			Analysis by WHO of NHWA data and reports from country delegations to the GCNMO Forum, held with the "Triad" meeting ^a
	POLICY PRIORITIES		
Establish and strengthen senior leadership positions for nursing and midwifery workforce governance and management and input into health policy	Invest in leadership skills development for midwives and nurses	2022 2024	GCNMO Forum/"Triad" meeting ^a country delegation report
DATA (EXAMPLES) PLEASE CONSULT	THE <u>NHWA HANDBOOK</u> (WHO, 2017) FOR TH	E DEFINITION	S OF INDICATORS
NHWA 1-04 NHWA 9-01 NHWA 9-02 SoWN NN-4	SoWN NN-5 SoWN NN-6	Annually 2021–2025	NHWA platform
Р	ROPOSED REGIONAL INDICATORS		
Chief nursing (and midwifery) officer advising the minister of health (WHO Regional Office for Europe)	Percentage of nurses and midwives who hold a master's or PhD degree in key leadership positions in health care	officers. NHWA: National He SoWN NN: State of non-NHWA indicato FOOTNOTES ^a The "Triad" meetir WHO of key nursing GCNMOs, regulator nursing association	ent chief nursing and midwifery alth Workforce Accounts. the world's nursing 2020 (report) r. Ing is a biannual meeting hosted by and midwifery partners, including s, representatives of national s and midwifery associations and centres for nursing and midwifery.

REFERENCE WH0 (2017). National Health Workforce Accounts (NHWA: a handbook). Geneva: World Health Organization (https://score.tools.who.int/tools/ optimize-health-service-data/tool/national-health-workforce-accounts-nhwa-a-handbook-44/, accessed 4 November 2021).

POLICY FOCUS: SERVICE DE	LIVERY	Monitoring frequency	Monitoring mechanism
	STRATEGIC DIRECTION		
Midwives and nurses work to the training in safe and supportive se		Once, 2025	Analysis by WHO of NHWA data and reports from country delegations to GCNMO Forum, held to the "Triad" meeting ^a
	POLICY PRIORITIES		
Review and strengthen professional regulatory systems and support capacity-building of regulators, where needed	Adapt workplace policies to enable midwives and nurses to maximally contribute to service delivery in interdisciplinary health-care teams	2022 2024	GCNMO Forum/"Triad" meeting ^a country delegation report
DATA (EXAMPLES) PLEASE CONSUL	T THE <u>NHWA HANDBOOK</u> (WHO, 2017) FOR T	HE DEFINITION	S OF INDICATORS
NHWA 3-08 NHWA 3-09 NHWA 8-06 SoWN NN-1 SoWN NN-2	NHWA 6-03 NHWA 6-04 NHWA 6-05 NHWA 6-07 NHWA 6-08 NHWA 6-09 NHWA 6-10 NHWA 9-05	Annually 2021–2025	NHWA platform
	PROPOSED REGIONAL INDICATORS		
Existence of a register of approved nursing and midwifery practitioners	Degree that nurses use standardized professional evidence-based guidelines and indicators (score x/6) ^b (survey) Degree that midwives use standardized professional evidence-based guidelines and indicators (score x/5) ^c (survey) Degree that nurses/midwives have the (conditional) right to conduct advanced roles ^d (score x/7) (survey)	officers. NHWA: National He SoWN NN: State of non-NHWA indicate FOOTNOTES ^a The "Triad" meetir WHO of key nursing GCNMOs, regulator nursing association WHO collaborating ^b Guidelines: presst associated infection medication errors; a ^c Guidelines: vagina and deep vein thror caesarean section I satisfaction. ^d Advanced roles: p diagnoses; ordering of patients; initiatin and being first poin REFERENCE WHO (2017). Natior (NHWA: a handboo Organization (https optimize-health-ser	Ig is a biannual meeting hosted by and midwifery partners, including s, representatives of national s and midwifery associations and centres for nursing and midwifery. Irre ulcers; falls; and health-care- n. Indicators: adverse events; and patient satisfaction. I birth after caesarean section; nbosis prophylaxis. Indicators: ate; medication errors; and patient rescribing medication; making tests; managing their own groups g treatment; referring patients; t of contact. hal Health Workforce Accounts k). Geneva: World Health //score.tools.who.int/tools/ wice-data/tool/national-health- -inhwa-a-handbook 44/,

26

WHO Regional Office for Europe

The World Health Organization (WHO) is a specialized agency of the United Nations created in 1948 with the primary responsibility for international health matters and public health. The WHO Regional Office for Europe is one of six regional offices throughout the world, each with its own programme geared to the particular health conditions of the countries it serves.

Member States

Albania
Andorra
Armenia
Austria
Azerbaijan
Belarus
Belgium
Bosnia and Herzegovina
Bulgaria
Croatia
Cyprus
Czechia
Denmark
Estonia
Finland
France
Georgia
Germany

Greece Hungary Iceland Ireland Israel Italy Kazakhstan Kyrgyzstan Latvia Lithuania Luxembourg Malta Monaco Montenegro Netherlands North Macedonia Norway Poland

Portugal **Republic of Moldova** Romania **Russian Federation** San Marino Serbia Slovakia Slovenia Spain Sweden Switzerland Tajikistan Turkey Turkmenistan Ukraine United Kingdom Uzbekistan

WHO/EURO:2021-4464-44227-62471

World Health Organization Regional Office for Europe UN City, Marmorvej 51, DK-2100 Copenhagen Ø, Denmark Tel.: +45 45 33 70 00 Fax: +45 45 33 70 01 Email: eurocontact@who.int Website: www.euro.who.int