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Sophie studied Law at Geneva University. She has been acting as Apprenticeship Trainer and is also trained in labour law, mediation, commercial negotiation and change management. Sophie is Certified «Trusted Person» ® by the Swiss Association of Trusted Persons in business and certified in support provided to victims (RNAPU).

She is an HR Consultant with 25 years of extensive experience as HR Director in multinational companies with activities deployed in Europe, Africa, Asia and the USA, in diverse industries: i.e. Finance, Telecommunications, Oil & Gas and Public Institutions and with more than 20 years of practice as a judge, then President at the Geneva Labour Court (still active).