Jolanta Bilińska

Role of expert-patient and nurse partnerships in Primary Healthcare and UHC
IAPO Members (Dec 2018)

268 members
71 countries
52 disease areas
IAPO: A global voice for patient-centred healthcare

**VISION**
To see patients at the centre of healthcare throughout the World

**MISSION**
To build patient-centred healthcare worldwide.
Leading a cross-stakeholder effort

- We pursue our mission by:

  - Actively working with **patients’ organizations** and building them up to be as effective as possible;

  - **Advocating internationally** with a strong patients’ voice on relevant aspects of healthcare policy, with the aim of influencing international, regional and national health agendas and policies;

  - **Building cross-sector alliances** and working collaboratively with like-minded medical and health professionals, policy makers, academics, researchers and industry representatives.
OUR POLICY WORK

- **Policy Briefing** Laying the foundations for effective advocacy around 10 hot policy issues

- **Participation and advocacy** in:
  - UNGA 2018,
  - Astana Primary Health Care Declaration,
  - 3rd Global Ministerial Summit on Patient Safety,
  - Tokyo Patient Safety Declaration

- **Consulting** on high-level policy consultations held by key stakeholders such as WHO and EMA
8TH GLOBAL PATIENTS’ CONGRESS

WHERE
Miami USA

WHEN
May 2018

THEME
Globally Empowered Patients: Building the Momentum
8TH GLOBAL PATIENTS’ CONGRESS

Congress Photographs : https://bit.ly/2vO554s
Twitter: #GPC2018
PATIENT SOLIDARITY DAY 2018

• SAFE HEALTHCARE AND MEDICATION FOR ALL

UNITED NATIONS GENERAL ASSEMBLY 2018
HIGH-LEVEL MEETING NCDS
WORLD HEALTH ORGANIZATION

SAFE AND QUALITY PATIENT-CENTRED UHC

AFRICAN REGIONAL COMMITTEE
Dakar Senegal

EASTERN MEDITRANEAN REGIONAL COMMITTEE
Khartoum Sudan

EUROPE REGIONAL COMMITTEE
Rome Italy

SOUTH EAST ASIA REGIONAL COMMITTEE
New Delhi India

PAN AMERICAN HEALTH ORGANISATION
Washington USA

WESTERN PACIFIC REGIONAL COMMITTEE
Manila Philippines
Expert-Patient and Nurse Collaboration in Primary Healthcare and UHC 2030
IAPO STRATEGY 2018-2020

- New three-year strategy to build the momentum towards a patient-centric universal health coverage 2030 (PC-UHC)

- Bedrock is a PC Primary Healthcare (PC-PHC) where expert-patients and nurses participate in and engage on healthcare and health policy decision-making

- Empower, drive and shape PC-UHC and PC-PHC

Empower
patient communities globally to advocate effectively for PC-UHC for all.

Drive
research processes and the development of evidence base for PC-UHC.

Shape
law, policy and practice in PC-UHC at global, regional and national levels.
IAPO WAY-collaborative working

- Achieving a safe, quality and accessible PC PHC & PC UHC by 2030 is a BIG challenge
- BOTH require cross-sector collaboration
- Each stakeholder has a valuable contribution to make
IAPO & ASTANA DECLARATION

IAPO: A global voice for patient-centred healthcare
EXPERT-PATIENTS REDEFINED

IAPO identifies expert-patients as those patients:

- Who have become clinically efficient and effective in managing their own chronic conditions
- Have become competent ‘path finders’ by mapping and navigating their own healthcare systems
- Who have great insight into the quality, safety and access of their health systems

IAPO: A global voice for patient – centred healthcare
WHY EXPERT-PATIENT HAVE GOOD OUTCOMES

• The expert-patients (EP) have been successful in their health outcomes as they established long-term professional relationships and collaboration with their nurse carers.
• Together, Eps and Nurses, are now one of the most under-recognised and unused asset in PHC
• Post Astana Primary Healthcare declaration, EPs have a valuable role in healthcare and health policy decision-making.
WAY FORWARD

• Health systems are now recognising expert patients as equal partners in healthcare reform.
• Health systems must create an enabling environment to engage EPs and nurse partnerships in decision-making.
• Expert patients need to supported with capacity building programmes.
Learning outcomes - 1
THANK YOU!

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