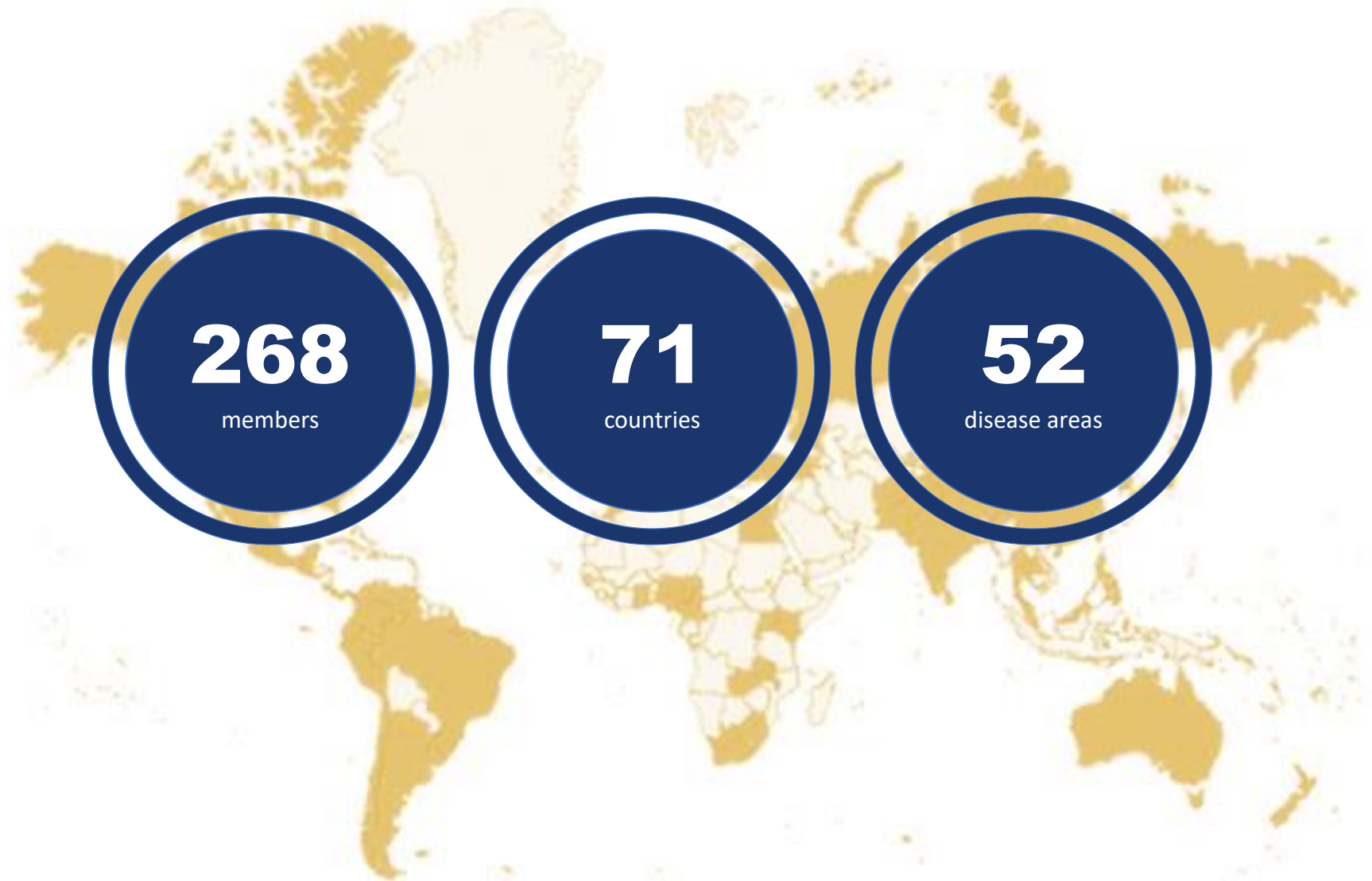


Jolanta Bilińska

**Role of expert-patient and nurse
partnerships in Primary Healthcare and
UHC**



IAPO Members (Dec 2018)



#ICNcongress



IAPO: A global voice for patient – centred healthcare



VISION

To see patients at the
centre of healthcare throughout
the World



MISSION

To **build** patient-centred
healthcare worldwide.

#ICNcongress



Leading a cross-stakeholder effort

- **We pursue our mission by:**
- Actively working with **patients' organizations** and building them up to be as effective as possible;
- **Advocating internationally** with a strong patients' voice on relevant aspects of healthcare policy, with the aim of influencing international, regional and national health agendas and policies;
- **Building cross-sector alliances** and working collaboratively with like-minded medical and health professionals, policy makers, academics, researchers and industry representatives.



Healthcare Industry Partners Framework

Collaboration and support for patient-centred healthcare



OUR POLICY WORK

- **Policy Briefing** Laying the foundations for effective advocacy around 10 hot policy issues
- **Participation and advocacy in:**
 - UNGA 2018,
 - Astana Primary Health Care Declaration,
 - 3rd Global Ministerial Summit on Patient Safety,
 - Tokyo Patient Safety Declaration
- **Consulting** on high-level policy consultations held by key stakeholders such as WHO and EMA



Patient-centred healthcare

IAPO's mission is to achieve patient-centred healthcare. Patients have the right and responsibility to be meaningfully involved in health policy and decision-making at all levels. To do so, it is crucial that patient communities can rely on accurate, up-to-date information and work in collaboration with key partners in healthcare.

Introduction

In the global policy arenas, patient-centred healthcare is generally incorporated in the broadest concepts of people- and person-centred healthcare. The people using health services should be appropriately involved in healthcare to make sure it truly fulfils people's needs. As stated in the Declaration by the International College of Person-Centered Medicine (ICPCM), "to function in accord with the basic principle of intrinsic human dignity", healthcare systems need to be centred on people.

Identifying accurate measures for people- and patient-centrality is not an easy task given the concept's complex nature. In 2012, IAPO performed a review of the main [indicators](#) that are currently used to establish how patient-centred health services are. Gaining this type of understanding is crucial for patient advocates to strengthen their knowledge of health systems and identify areas on which to concentrate their advocacy activities more strongly.

Definition

[Patient-centred healthcare](#) identifies healthcare that is designed, organised, and practised with the patient at the centre. According to IAPO's [Declaration](#), patient-centred healthcare builds on five core principles:

- **Respect.** Every patient has unique values, preferences, and perspectives. A patient-centred healthcare system is one in which these differences are respected and valued.
- **Choice and empowerment.** Patients have the right and responsibility to be adequately and meaningfully involved in decisions concerning their own health.
- **Involvement in health policy.** Patients and patients' organisations share the responsibility to participate as equal partners in health policy making at all levels. Virtuous patient engagement allows for new, fresh, and unique perspectives to be included and accounted for in decision-making processes.
- **Access and support.** Patients must have access to safe, quality, and appropriate services, treatments, preventive care and health promotion activities.
- **Information.** Patients can only make well-grounded and informed decisions if they are able to rely on accurate and comprehensive information.

Find out more at www.iapo.org.uk



World Health
Organization

#ICNcongress



8TH GLOBAL PATIENTS' CONGRESS



WHERE

Miami USA



WHEN

May 2018



THEME

Globally Empowered
Patients: Building the
Momentum



8TH GLOBAL PATIENTS' CONGRESS



Congress Report <https://bit.ly/2nnPXH6>
Congress Photographs : <https://bit.ly/2vO554s>
Twitter: [#GPC2018](https://twitter.com/GPC2018)

#ICNcongress



PATIENT SOLIDARITY DAY 2018

- **SAFE HEALTHCARE AND MEDICATION FOR ALL**



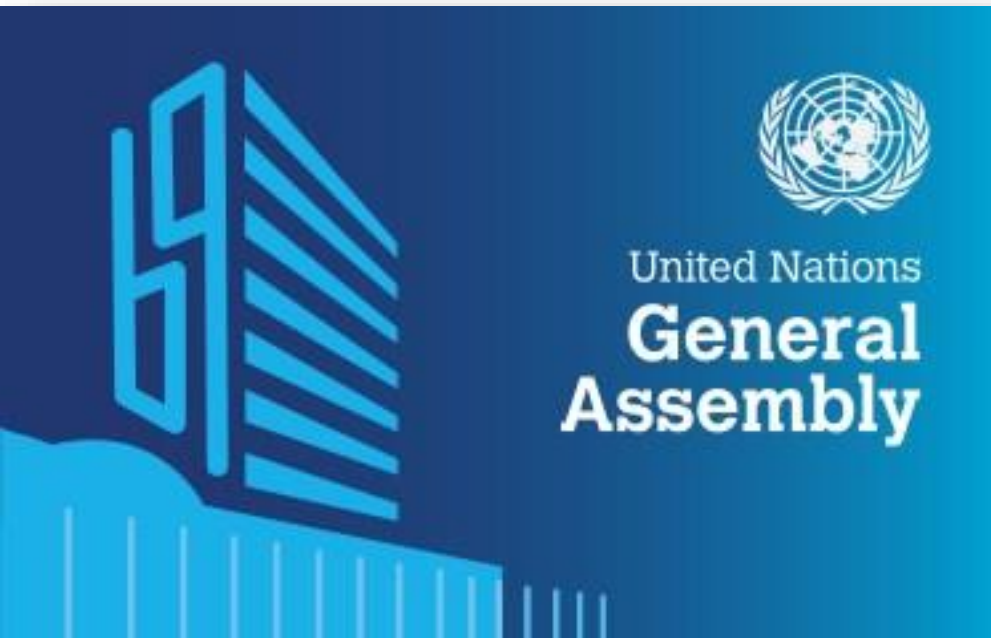
<https://www.iapo.org.uk/news/2018/dec/14/achieving-safer-healthcare-all-world-unites-psd2018>

#ICNcongress



UNITED NATIONS GENERAL ASSEMBLY 2018

HIGH-LEVEL MEETING NCDS



#ICNcongress



WORLD HEALTH ORGANIZATION

SAFE AND QUALITY PATIENT-CENTRED UHC



AFRICAN REGIONAL COMMITTEE

Dakar Senegal

EASTERN MEDITRANEAN REGIONAL COMMITTEE

Khartoum Sudan

EUROPE REGIONAL COMMITTEE

Rome Italy

SOUTH EAST ASIA REGIONAL COMMITTEE

New Delhi India

PAN AMERICAN HEALTH ORGANISATION

Washington USA

WESTERN PACIFIC REGIONAL COMMITTEE

Manila Philippines

#ICNcongress

Expert-Patient and Nurse Collaboration in Primary Healthcare and UHC 2030



IAPO STRATEGY 2018-2020

- New three-year strategy to build the momentum towards a patient-centric universal health coverage 2030 (PC-UHC)
- Bedrock is a PC Primary Healthcare (PC-PHC) where expert-patients and nurses participate in and engage on healthcare and health policy decision-making
- Empower, drive and shape PC-UHC and PC-PHC

Empower

patient communities globally
to advocate effectively for
PC-UHC for all.

Drive

research processes and the
development of evidence
base for PC-UHC.

Shape

law, policy and practice in
PC-UHC at global, regional
and national levels.



IAPO WAY-collaborative working

- Achieving a safe, quality and accessible PC PHC & PC UHC by 2030 is a BIG challenge
- BOTH require cross-sector collaboration
- Each stakeholder has a valuable contribution to make



WIKIPEDIA "Blind men and elephant", from Martha Adelaide Holton & Charles Madison Curry, Holton-Curry readers, 1914

#ICNcongress



EUROPEAN MEDICINES AGENCY
SCIENCE MEDICINES HEALTH



Health Technology
Assessment international



IAPO & ASTANA DECLARATION



#ICNcongress



EXPERT-PATIENTS REDEFINED

IAPO identifies expert-patients as those patients:

- Who have become clinically efficient and effective in managing their own chronic conditions
- Have become competent 'path finders' by mapping and navigating their own healthcare systems
- Who have great insight into the quality, safety and access of their health systems

#lCNcongress





WHY EXPERT-PATIENT HAVE GOOD OUTCOMES

- The expert-patients (EP) have been successful in their health outcomes as they established long-term professional relationships and collaboration with their nurse carers.
- Together, Eps and Nurses, are now one of the most under-recognised and unused asset in PHC
- Post Astana Primary Healthcare declaration, EPs have a valuable role in healthcare and health policy decision-making.



WAY FORWARD

- Health systems are now recognising expert patients as equal partners in healthcare reform.
- Health systems must create an enabling environment to engage EPs and nurse partnerships in decision-making.
- Expert patients need to be supported with capacity building programmes.



Learning outcomes - 1



THANK YOU!

International Alliance of Patients' Organizations
49-51 East Road
London N1 6AH
United Kingdom

Website: www.iapo.org.uk

Registered charity no. 1155577

#ICNcongress



**Follow @ICNurses on Twitter and
use #ICNcongress on Social Media!**



Singapore

International Council of Nurses

