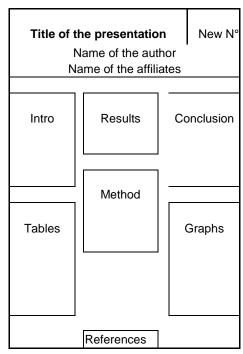


RECOMMENDATIONS FOR EFFECTIVE SCIENTIFIC POSTER COMMUNICATION

- It is mandatory to indicate your <u>new</u> abstract number in the upper right corner of the poster.
- The maximum dimensions of your poster are 80 cm x 160 cm (in portrait format). Please print on paper only, no textiles or lamination.
- **Don't overload your poster**. Remember, you are not writing an article.
 - Seek simplicity, keep text to a minimum and avoid redundancies.
 - Use between 500 and 1,000 words (including title, figure legends and tables).
 - The figures and tables should cover approximately 50% of the poster area.
 - Let your important points stand out. Use (but don't overuse) bold and colours.
 - o If possible, avoid abbreviations and acronyms, especially in the Conclusions.
 - The poster is supposed to be readable from a distance of 1.5-2 metres. The text should definitely be no less than 5 mm for capitals and tall letters, and preferably larger. Use a constant font throughout the poster.
 - The average reader spends 1-2 minutes on your poster. **Highlight your main finding.** Most of us start by reading the Conclusions. Thus, don't hide them in the right lower corner. Put them on eye level, either on top of the right column or alternatively start with the Conclusions. Otherwise, structure your poster by Introduction, Methods and Results. State your aims at the end of the introduction.
 - Feel free to provide one or more key references (in the right lower corner).
 - Hand-outs of your abstract / poster (with your address/es) to your interested readers may facilitate future research communication. You are also permitted to include QR codes for further information on your poster.
 - We suggest that you structure your findings in columns for ease of comprehension. Use 3-5 columns.
- Style tip: Prepare a 20 cm high title strip that runs the full width of the poster. Use a black and bold typeface, not smaller than 30 mm in height for the title and at least 20 mm for author's names and affiliations (the height refers to capital and tall letters), Capital letters are usually more difficult to read than small letters.



ONSITE GUIDELINES

- Prepare a short (< 4 minutes) oral presentation of your poster for the poster visit.
- You will <u>not</u> be able to print your poster onsite.
- Please make sure to hang and remove your poster yourself at the designated poster board. You are required to both hang and remove it according to the timings below. Posters not removed by the deadline will be discarded. Materials will not be sent to you after the event.

POSTER AREA

The poster area is located on the 4th floor of the conference center in the foyer area. You can hang your poster in the morning from 07:30-08:30 and they must be removed on the same day between 18:00-19:00.

You will be asked to stand next to your poster and answer questions from fellow delegates during the lunch break from 13:00-14:30. Should you be unable to present on that day, kindly ask a co-author to present your abstract on your behalf. The abstracts are divided over the four days as follows:

Friday, 28 June 2019	P0001 – P0392
Saturday, 29 June 2019	P0393 – P0780
Sunday, 30 June 2019	P0781 – P1169
Monday, July 1 2019	P1170 – P1547

Materials to hang your poster (blue tack) will be available at the Poster Help Desk, which is located in the poster area. The opening hours of the Poster Help Desk are 07:30-19:00 every day of the conference.