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Nursing Innovation in Primary Health Care
JNA efforts toward the creation of community-based integrated care system for all generations

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2019 ICN Congress
June 29th, 2019
Todays topics

1. Current situation in Japan
2. JNA’s “Future Vision of Nursing”
3. JNA efforts toward establishment of nursing provisional structure at the community-based integrated care system
Society of super-aged and fewer children

Population aging: age 65 years and over

Increase in Social Security Benefits

* 100 JPY = 1.21 SGD (exchange rate of April 17th, 2019)

Toward healthcare and nursing supported by community

Building community-based integrated care system

Inpatient

Advanced acute care phase
Acute care phase
Recovery phase
Chronic phase

Integrated management
- Facilitating smooth transition from healthcare to long-term care
- Consultation and coordination of service

Healthcare

Living

Long-term care

Preventive long-term care support/ Livelihood support

Reference: This figure is created and rearranged by JNA based on the figure of community-based integrated care system posted on the website of Ministry of Health, Labour and Welfare http://www.mhlw.go.jp/stf/seisakunitsuite/bunya/hukushi_kago/kaigo_koureisha/chiki.attackaia/ (accessed on June 25, 2018)
Society that people in any condition of health can live with by one’s own value

Viewpoint of “Healthcare”

Future Vision of Nursing

Viewpoint of “Quality of life”

Nursing Supports and Sustains Human Life, Living and Dignity

JNA’s “Future Vision of Nursing”

Published on June 2015
JNA’s “Future Vision of Nursing”

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Dying Peacefully

Living with Diseases and Disabilities

Being Born and Grow Healthy

Nursing links living and health, medical and welfare throughout life

Living Healthy

Returning to Familiar Community

Recovering from Emergency /Critical Condition

Living with Diseases and Disabilities

Dying Peacefully

Being Born and Grow Healthy

Nursing links living and health, medical and welfare throughout life

Living Healthy

Returning to Familiar Community

Recovering from Emergency /Critical Condition
Nursing professions should function on all occasions from the birth of people through to their end. They support all people at the community-based integrated cares system.

- Formulating relationships and communities where families, pregnant and parturient women, and local residents help each other in child-rearing.
- Helping people to acquire knowledge, behavior and habits to maintain health from their child age.
- Promoting, in collaboration with people, the formulation of communities and workplaces where people’s healthy habits are set in place and maintained.
- Supporting people with diseases/disabilities to live an independent life that matches them with reassurance.
- Supporting people to live a life with dignity that matches them through to the final stage of their life.

Future Vision of Nursing

All persons including not only convalescent elders, but also people rearing children, children and people with disabilities live with a sense of reassurance.
The population needs in community become **complicated and varied.**
(e.g. diseases, disabilities, values, housing, family composition, living environments and economic resources)

**Link** among service resources in community is essential. Nursing professions working at institutions and service providers are the key for coordination and management.
Aim: Establishing mechanism to support lives of population with a sense of reassurance through development of intra-professional collaboration among nurses

JNA commissioned projects to regional branch of prefectural nursing associations etc. at 20 settings in order to strengthen networking foundation among nurses and among related professions in their community.

1. Activities toward regular networking among nursing professions in community

Central District of Okinawa Nursing Association;
Opinion exchange meeting aiming to establish network among related organization of nursing professions

2. Events with community or intra-professions

Okitama Branch, Yamagata Nursing Association;
Physical exercise to prevent long-term care at “town corner healthcare consultation room”
Support for children’s transition of from hospital to home-based care

- Japan is the one of the top class countries of rescue rates on extremely low-birth-weight baby and severely ill newborn.
- The number of children requiring medical care including management of respirator and gastric fistula at home is about 18,000 in Japan.\(^1\)
- There were gaps in notions between hospitals and visiting nursing stations about “the timing to inform discharge” and “the image of medical care at home”.\(^2\)

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1) The Health and Labour Science Research Grant, Comprehensive Research on Disability Health and Welfare; The report from “Actual situation survey on children requiring medical care and research on collaboration among medical, welfare, health, education etc. by Tamura group”  

2) Interview of nurses working at hospital and visiting nursing stations conducted by JNA in 2015
Training of trainers program on support for children’s transition from hospitals to home based care

**Issues:** Nursing professions working at hospitals with NICU/GCU are required to provide care to children, including extremely low-birth-weight baby, with a view of their living after discharge throughout their admission.

**JNA Activities**

FY2016: Developed “the pathway and education program for NICU/GCU on support for children’s transition from hospitals to home based care”

FY2017: Training of Trainers on support for children’s transition from hospitals to home based care

**Outcomes:** The number of training graduates in FY 2017, 2018: 290

Report from Graduates(response through questionnaire)

- Increased number of facilities were introduced, on the development and under consideration of the pathway and/or education program
- Increased communication among staff on discharge support
- Increased opportunities to collaborate with other health workers
Other JNA activities on enhancing intra-professional collaboration among nursing professions in community

JNA also works at other activities aiming for people to receive seamless care by the collaboration of nursing professions working throughout community which enable them to play their role.

• Development of effective and efficient collaboration model of nursing professions in community
• Development of business proposition toward inclusive society with nurse-led community based care at the core
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