PARTNERING WITH INDIVIDUALS AND FAMILIES TO PROMOTE ADHERENCE TO TREATMENT

ICNP®

International Classification for Nursing Practice (ICNP®) Catalogue

INTERNATIONAL COUNCIL OF NURSES

ADVANCING NURSING AND HEALTH WORLDWIDE

Title: Partnering with Individuals and Families to Promote Adherence to Treatment

Catalogue Type: Terminology Subset

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Note: This catalogue provides ICNP concepts to support nurses in assessing, diagnosing, intervening, and evaluating outcomes in issues related to treatment adherence across the continuum of care.

Background: The International Classification for Nursing Practice (ICNP®) is a unified nursing language system that supports the standardisation of nursing documentation at the point of care. The resulting data-based information can be used for planning and managing nursing care, financial forecasting, analysis of patient outcomes and policy development. The ICNP Strategic Advisory Group and many other expert nurses involved with ICNP have recognised that manageable subsets of the terminology should be available to nurses working with patients or clients in selected specialties and settings.

The purpose of a catalogue is to make ICNP a useful tool for nurses at the point of care. Catalogues are subsets of ICNP that allow nurses to more readily integrate ICNP into their practice as they work in a specialty area or with clients having specific health conditions or needs.

Catalogues do not replace the clinical judgement of the nurse. Nurses can use Catalogues as reference tools for documenting care and reflecting on their practice. Nurses' clinical judgement and decision-making are essential for individualised care of patients and their families and cannot be replaced by any tool.

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Concept Type	Nursing Categories	Code	ICNP Statement (2017 Release)
Diagnoses and Outcomes			
	Mental and Behavioural Aspect		
		10001407	Ability To Manage Regime
		10023452	Ability To Perform Health Maintenance
		10023499	Acceptance Of Health Status
		10022210	Adherence
		10030144	Adherence To Diagnostic Test
		10030159	Adherence To Dietary Regime
		10030163	Adherence To Exercise Regime
		10030192	Adherence To Medication Regime
		10030214	Adherence To Safety Precautions
		10030205	Adherence To Therapeutic Regime
		10022234	Alcohol Abuse
		10000477	Anxiety
		10022332	Communication Barrier
		10022281	Conflicting Attitude Toward Care
		10024969	Conflicting Attitude Toward Dietary Regime
		10023614	Conflicting Attitude Toward Exercise
		10022299	Conflicting Attitude Toward Medication Management
		10023622	Conflicting Attitude Toward Treatment
		10022516	Conflicting Health Belief
		10000579	Decisional Conflict
		10027120	Decreased Powerlessness
		10000624	Denial
		10022402	Depressed Mood
		10001120	Difficulty Coping
		10022425	Drug Abuse
		10022378	Effective Coping
		10000695	Fatigue
		10000703	Fear
		10000735	Health Seeking Behaviour
		10000742	Hopelessness
		10022592	Impaired Ability To Manage Diet Regime
		10022603	Impaired Ability To Manage Exercise Regime
		10022635	Impaired Ability To Manage Medication Regime
		10000885	Impaired Ability To Manage Regime
		10000902	Impaired Family Ability To Manage Regime
		10000918	Impaired Health Maintenance
		10025104	Impaired Verbal Communication
		10024723	Knowledge Of Behaviour Change Process
		10023764	Knowledge Of Diagnostic Test
		10023772	Knowledge Of Dietary Regime

Concept Type	Nursing Categories	Code	ICNP Statement (2017 Release)
		10023826	Knowledge Of Disease
		10023786	Knowledge Of Exercise
		10023819	Knowledge Of Medication Regime
		10000837	Lack Of Knowledge
		10022585	Lack Of Knowledge About Exercise
		10024734	Lack Of Knowledge Of Behaviour Change Process
		10021987	Lack Of Knowledge Of Diagnostic Test
		10021939	Lack Of Knowledge Of Dietary Regime
		10021994	Lack Of Knowledge Of Disease
		10021941	Lack Of Knowledge Of Medication Regime
		10033556	Lack Of Response To Treatment
		10022559	Literacy Problem
		10022571	Low Initiative
		10027469	Low Self Control
		10027131	Low Self Efficacy
		10029507	Low Self Esteem
		10022867	Low Volition
		10022724	Negative Self Image
		10001371	Non Adherence
		10022101	Non Adherence To Diagnostic Test
		10022117	Non Adherence To Dietary Regime
		10022657	Non Adherence To Exercise
		10021682	Non Adherence To Medication
		10022155	Non Adherence To Therapeutic Regime
		10022140	Non Adherence To Safety Regime
		10022275	Positive Attitude Toward Care
		10001578	Powerlessness
		10042319	Problem With High Complexity Of Treatment Regime
		10042498	Readiness To Learn
		10022268	Substance Abuse
		10022795	Suicidal Ideation
		10022805	Suspicion
		10022247	Tobacco Abuse
		10022833	Treatment Exhaustion
		10042357	Unrealistic Expectation About Treatment
	Physical Aspect		
		10000431	Activity Intolerance
		10000454	Acute Pain
		10001242	Altered Perception
		10000522	Chronic Confusion
		10000546	Chronic Pain
		10027098	Decreased Confusion

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		10000669	Distorted Thinking Process
		10022500	Hallucination
		10022321	Impaired Cognition
		10022544	Impaired Hearing
		10001203	Impaired Memory
		10001219	Impaired Mobility
		10022642	Impaired Musculoskeletal System Function
		10022528	Impaired Sense Of Smell
		10022814	Impaired Sense Of taste
		10022619	Impaired Tactile Perception
		10022748	Impaired Vision
		10000790	Latex Allergy
		10022626	Medication Side Effect
		10022674	Paralysis
		10022730	Sensory Deficit
		10022846	Tremor
		10022880	Weakness
	Sociocultural and Environmental Aspect		
		10021828	Able To Adjust
		10027773	Caregiver Stress
		10022397	Conflicting Cultural Beliefs
		10022456	Conflicting Family Attitude
		10022384	Crime
		10034770	Effective Family Coping
		10000863	Impaired Adjustment
		10000902	Impaired Family Ability To Manage Regime
		10023078	Impaired Family Process
		10022563	Inadequate Income
		10038363	Inadequate Water Supply
		10041323	Lack Of Access To Transportation
		10022473	Lack Of Family Support
		10022494	Lack Of Food Supply
		10022753	Lack Of Social Support
		10025947	Lack Of Trust
		10025952	Lack Of Trust In Health Care Provider
		10023937	Medication Supply Deficit
		10022782	Stigma
	Spiritual Aspect		
		10021757	Conflicting Religious Belief
		10022769	Conflicting Spiritual Belief
		10027149	Decreased Spiritual Distress
		10001652	Spiritual Distress

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Interventions			
	Mental and Behavioural Aspect		
		10024192	Assessing Attitude Toward Disease
		10002687	Assessing Attitude Toward Medication Management
		10002694	Assessing Attitude Toward Nutritional Status
		10024205	Assessing Attitude Toward Treatment Regime
		10024214	Assessing Barriers To Adherence
		10002723	Assessing Coping
		10024246	Assessing Denial
		10002747	Assessing Eating or Drinking Behaviour
		10024251	Assessing Exercise Pattern
		10024267	Assessing Fear
		10033882	Assessing Knowledge
		10002781	Assessing Readiness To Learn
		10024279	Assessing Response To Teaching
		10021844	Assessing Self Care
		10024280	Assessing Self Efficacy
		10023577	Collaborating With Social Worker
		10005029	Consulting Health Care Provider
		10005093	Continuous Surveillance
		10024349	Contracting For Adherence
		10024365	Demonstrating Relaxation Technique
		10024377	Encouraging Positive Affirmations
		10006966	Ensuring Continuity Of Care
		10023738	Establishing Rapport
		10007107	Evaluating Psychosocial Response To Instruction
		10022688	Evaluating Psychosocial Response To Instruction About Exercise
		10007130	Evaluating Psychosocial Response To Instruction About Medication
		10007111	Evaluating Psychosocial Response To Instruction About Nutrition
		10007148	Evaluating Psychosocial Response To Instruction About Pain
		10007153	Evaluating Psychosocial Response To Plan Of Care
		10009649	Identifying Attitude Toward Care
		10009654	Identifying Attitude Toward Pain
		10044241	Identifying Psychological Status
		10011641	Managing Medication
		10011673	Managing Regime
		10024438	Prioritising (treatment) Regime
		10024440	Promoting Hope

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		10024455	Promoting Self Esteem
		10024493	Providing Instructional Material
		10024527	Providing Safety Devices
		10024562	Reinforcing Adherence
		10022537	Reinforcing Self Efficacy
		10017592	Screening Substance Abuse
		10019161	Supporting Psychological Status
		10046533	Teaching About Diet
		10024116	Teaching About Disease
		10040125	Teaching About Exercise
		10019470	Teaching About Medication
		10024618	Teaching About Nutrition
		10024639	Teaching About Substance Abuse
		10024687	Teaching About Safety Measures
		10024625	Teaching About Treatment Regime
		10033126	Teaching Patient
	Physical Aspect		
		10023084	Administering Pain Medication
		10024185	Assessing Adherence
		10002710	Assessing Control Of Pain
		10039158	Assistive Device Therapy
		10023554	Collaborating With Pharmacist
		10023565	Collaborating With Physician
		10024331	Consulting For Pain Management
		10024354	Demonstrating Medication Administration
		10021695	Demonstrating Subcutaneous Injection Technique
		10041415	Encouraging Rest
		10007182	Evaluating Response To Medication
		10009683	Identifying Obstruction To Communication
		10021837	Managing Medication Side Effect
		10024429	Managing Negative Response To Treatment
		10011660	Managing Pain
		10013517	Observing Altered Perception
		10021703	Promoting Medication Adherence Using Pillbox
		10024472	Promoting Use Of Memory Devices
		10041072	Reality Orientation Therapy
		10024019	Referring To Physical Therapy
		10019489	Teaching About Managing Pain
		10034961	Teaching About Wound Care
		10034974	Teaching About Wound Healing
		10024641	Teaching Adaptation Techniques For Sensory Deficit
		10024660	Teaching How To Increase Activity Tolerance

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		10024673	Teaching Memory Technique
		10020736	Verifying Allergy
	Sociocultural and Environmental Aspect		
		10024171	Arranging Transportation Service
		10024222	Assessing Caregiver Stress
		10024233	Assessing Cultural Beliefs
		10022912	Assessing Medication Supply
		10024298	Assessing Social Support
		10024320	Assessing Use Of Traditional Therapies
		10021816	Consulting Home Care Service
		10042507	Environmental Safety Management
		10024396	Establishing Trust
		10024401	Facilitating Access To Treatment
		10024417	Facilitating Financial Recovery
		10011527	Maintaining Dignity And Privacy
		10024464	Promoting Social Support
		10024536	Referring To Family Therapy
		10024558	Referring To Support Group Therapy
		10016825	Reporting Status To Family Member
		10017571	Screening Abuse
		10024570	Supporting Caregiver
		10024589	Supporting Decision Making Process
		10023717	Teaching Adaptation Techniques
		10021719	Teaching Family About Disease
		10024656	Teaching Family About Treatment Regime
		10024953	Violence Prevention
	Spiritual Aspect		
		10024308	Assessing Spiritual Beliefs
		10024312	Assessing Spiritual Beliefs Of Family
		10024504	Providing Privacy For Spiritual Behaviour
		10024543	Referring To Religious Service
		10024591	Supporting Spiritual Rituals